



PURSUIT and STAR Academy Activity Workbook

Ninth Edition



EXPLORE YOUR INTERESTS!

Guess Who- Pet Edition

Dots and Boxes

Word Search

Camping Maze

Craft

Summer Checklist

Inside Out Emotions

Spatial Sense

Pizza Party

Color By Number

Answer Keys

#NWSRAConnected

We look forward to continuing to provide outstanding recreational programming in the comfort of your own home. We are excited to share our Activity Workbook! The workbooks will be available by email and our Activity Center. Please contact Katrina Place at katrinap@nwsra.org to request a copy to be mailed. We hope this helps you stay active while keeping your families healthy and well. Be sure to share your completed pages on social media (Facebook, Twitter, Instagram) and use **#NWSRAConnected**.



GUESS WHO

Guess which NWSRA Collaborative staff these animals belong to. Hint: Some animals are members of the staff's family.

___ Liz Thomas

___ Mackenzie Irelan

___ Anita Trzebunia

___ Trisha Palmieri

___ Katrina Place

___ LJ Jevaney

___ Kate Moran

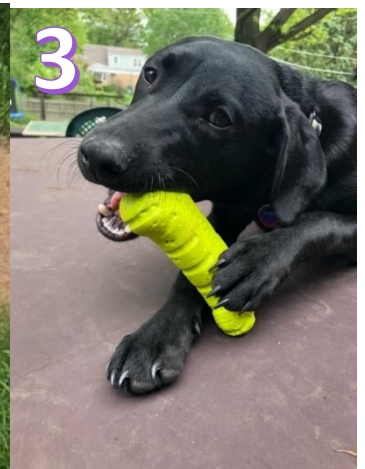
___ Morgan Wirkus

___ Liz Thomas

___ Trisha Palmieri

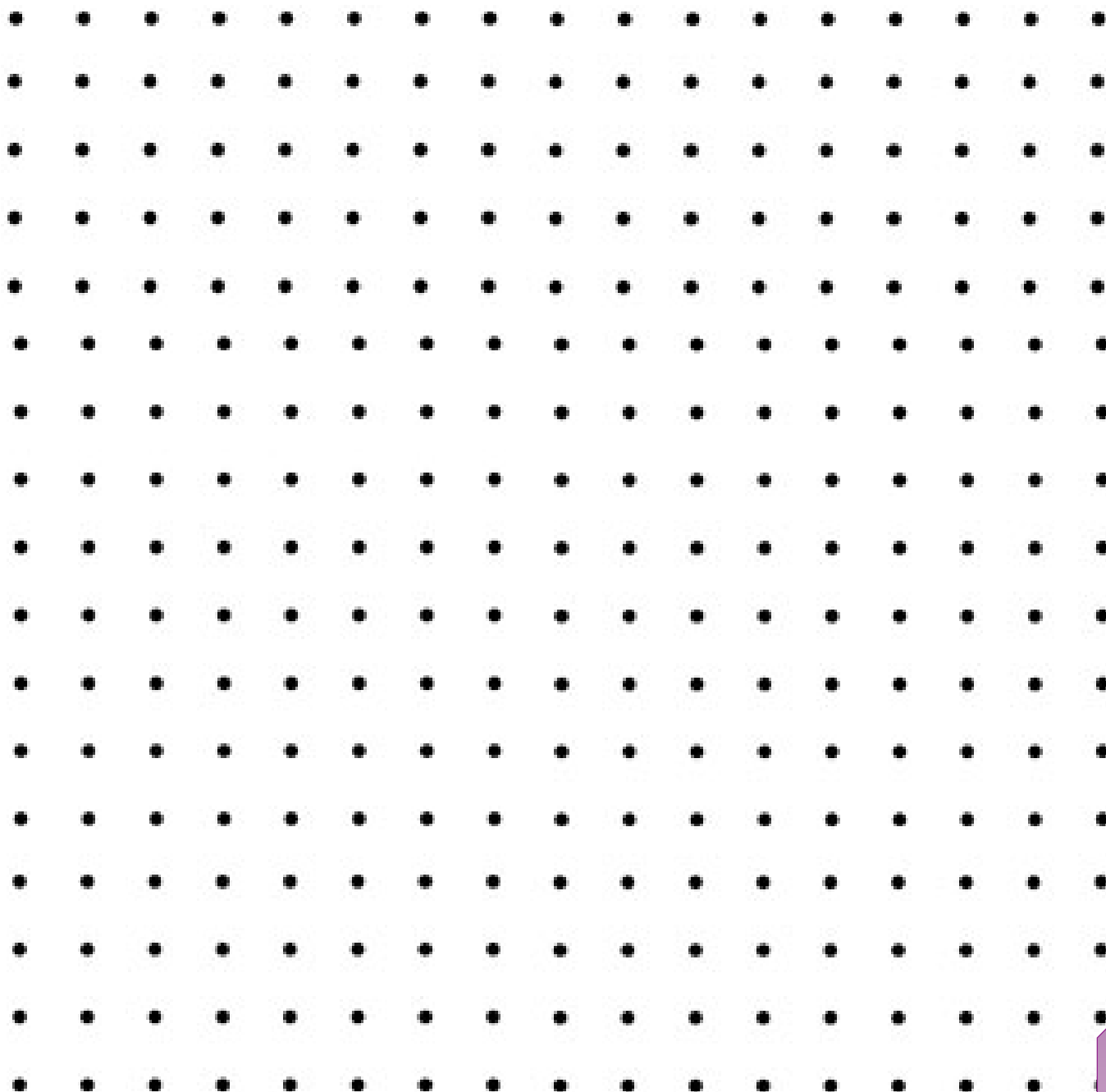
___ Megan Edwards

Guess Who?



DOTS AND BOXES

The object is to have more boxes than your opponent. You move by connecting two dots with a line. Each player draws 1 line per turn. When you close a box to make a square, write your initials in the box. When you close a box, you get to go again. Play until there are no more boxes. Then, tally up who has the most!



WORD SEARCH

Kitchen Safety



APRON	FREEZER	PATHOGEN	SPILLS
BACTERIA	HAZARD	SCALD	STEAM
BURN	OVEN MITTS	SEPARATE	WASH
CHILL	PARASITES	SOAP	

CAMPING MAZE

Help the boy find his way to the tent. To be safe, follow the backpacks and be careful of the campfires!

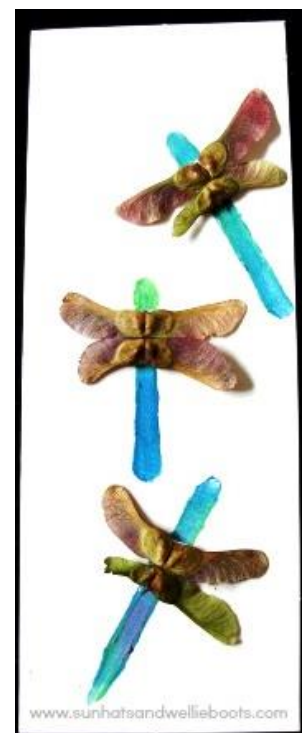


These are notorious for falling off trees this time of year! They are often called helicopters or whirlybirds. Look in your yard or go for a short walk to gather some before starting this craft.

Dragonfly Cards

Supplies: Construction Paper / Card Stock, Paint, Elmer's Glue / Hot Glue, Helicopters

1. Fold your paper in half.
2. Use your finger to draw single lines around the page.
3. Glue 2-4 helicopters on top of the lines to resemble wings.
4. Let dry.
5. Write a nice message inside and deliver to a neighbor, family member or friend.



Individual Dragonfly

Supplies: Table Covering, Small Twigs, Helicopters, Paint, Paintbrush, Hot Glue

1. Lay out the helicopters on a covered table.
2. Paint the seeds with a paintbrush. You may choose any color.
3. Let dry.
4. Use hot glue to attach 4 helicopters onto the twig.
5. Stick the twig in a flowerpot to enjoy!

SUMMER CHECKLIST

SUMMER ACTIVITIES FOR FAMILIES

READING / WRITING

- Start a summer journal
- Write a puppet show
- Draw a comic strip
- Read a book

SCIENCE / MATH

- Conduct a science experiment
- Measure items around your house
- Count your steps on a walk

GEOGRAPHY

- Use a map to plan a trip
- Go geocaching
- Go letterboxing

VOLUNTEERING / HELPING OTHERS

- Write a letter to an essential worker
- Help a neighbor with yard work
- Donate items to a thrift store
- Pay it forward in a drive-thru
- Donate a meal

ARTS & CRAFTS

- Paint a picture
- Take photos of your world for a collage
- Draw with sidewalk chalk
- Tie-dye a t-shirt
- Put a mixture of water and paint in a squirt gun to paint an abstract canvas
- Collect and paint rocks
- Mix bubbles and food coloring for popped bubble art
- Paint your feet and walk on white paper

BACKYARD ACTIVITIES

- Have a picnic
- Camp in your backyard
- Lay on a blanket and watch the clouds
- Play glow tag at night with glow sticks
- Create shadow art from the sun

HELPING THE ENVIRONMENT

- Start recycling
- Hang a bird feeder
- Visit the farmer's market
- Practice conserving water
- Plant something in a garden

MONEY SKILLS

- Lemonade Stand
- Help mow the lawn
- Walk dogs
- Sell clothes to a consignment shop

COOKING

- Make a pitcher of sun tea
- Make ice-cream in a bag
- Make fruit and vegetable sculptures / designs
- Make homemade popsicles

RAINY DAY ACTIVITIES

- Play a board game
- Have a movie marathon
- Jump in puddles
- Make a rain gauge to measure the rainfall
- Set up a fort and have an indoor campout

WATER ACTIVITIES

- Water balloon fight
- Play "Does it sink or float?"
- Set up a sprinkler
- Fill bottles with different amounts of water and blow across the top to make music
- Paint with ice cubes and food coloring
- Have a wet sponge relay race

FUN WITH FRIENDS

- Hold a neighborhood scavenger hunt
- Have a dance party
- Play a game of H-O-R-S-E

SUMMER ACTIVITIES FOR FAMILIES

CERTIFICATE OF PARTICIPATION

This certificate has been awarded to



For completing _____ summer activities.

INSIDE OUT EMOTIONS

Draw a line from the emotion to the character.

ANGER

JOY

DISGUST

FEAR

SADNESS



Circle the correct emotion in each sentence.

1. Mary was **scared** / **excited** to show her family her new puzzle.
2. Rainy days make many people **sad** / **joyful**.
3. John was **angry** / **cheerful** when he lost in a game of bocce ball.
4. Sally was **disgusted** / **delighted** to find a worm in her apple.
5. Bob was **afraid** / **calm** when he was watching a scary movie with his friends.

SPATIAL SENSE

1. Which object is on the bottom?



2. Which object is on the left?



3. Circle the object in the middle.



4. Which object is on the top?



5. Which object is on the right?

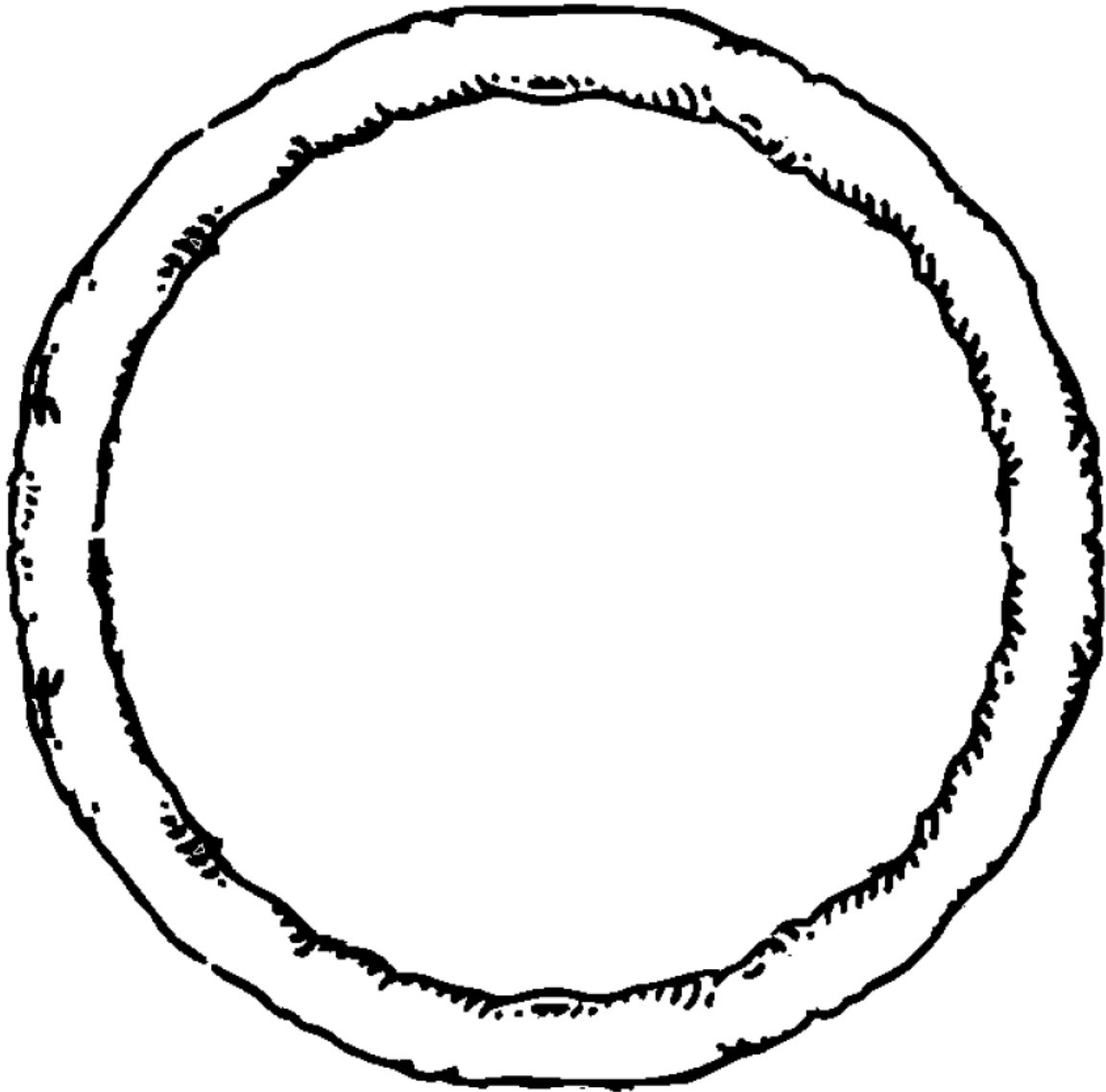


6. Circle the object on the left.



PIZZA PARTY

Think of your favorite pizza topping, a pizza topping you want to try, your least favorite pizza topping, a pizza topping your family likes, and a pizza topping you want to create!
Draw them on this pizza crust and write your creations in the box.



1.	2.	3.	4.	5.
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ANSWER KEY

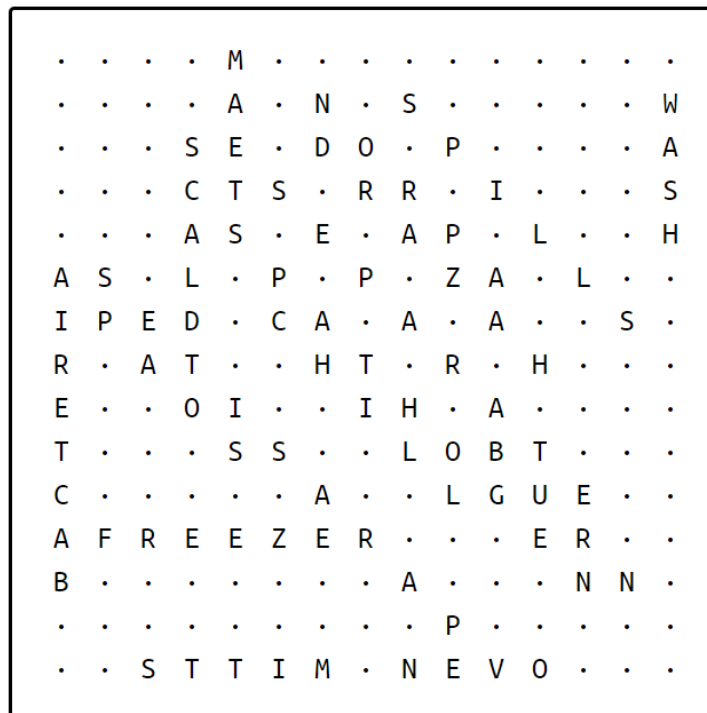


GUESS WHO

- | | | | |
|------------------------|---------------------------|--------------------------|--------------------------|
| <u>3</u> Liz Thomas | <u>1</u> Mackenzie Irelan | <u>9</u> Anita Trzebunia | <u>6</u> Trisha Palmieri |
| <u>4</u> Katrina Place | <u>5</u> LJ Jevaney | <u>7</u> Kate Moran | <u>8</u> Morgan Wirkus |
| | <u>11</u> Liz Thomas | <u>2</u> Trisha Palmieri | <u>10</u> Megan Edwards |

WORD SEARCH

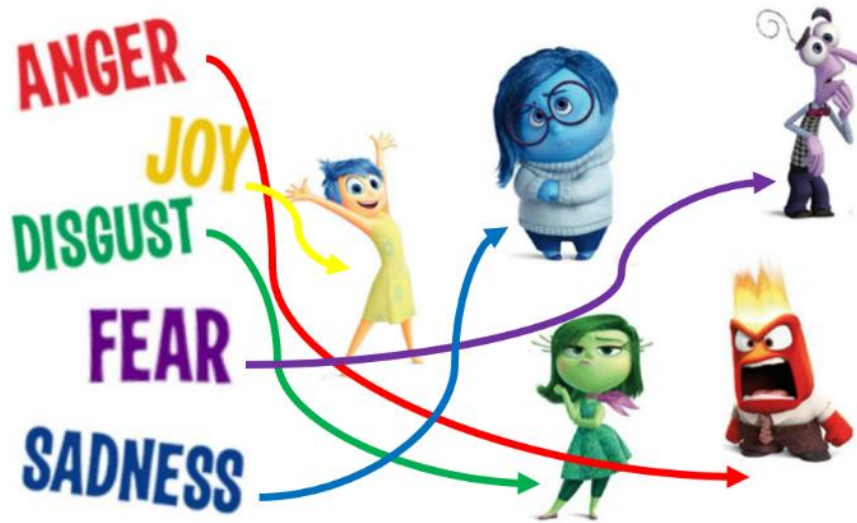
Kitchen Safety



- | | | | |
|---------------------|------------------------|---------------------|-------------------|
| APRON (11, 6, NW) | FREEZER (2, 12, E) | PATHOGEN (6, 6, SE) | SPILLS (9, 2, SE) |
| BACTERIA (1, 13, N) | HAZARD (12, 8, NW) | SCALD (4, 3, S) | STEAM (5, 5, N) |
| BURN (11, 10, SE) | OVEN MITTS (12, 15, W) | SEPARATE (6, 4, SE) | WASH (15, 2, S) |
| CHILL (6, 7, SE) | PARASITES (10, 14, NW) | SOAP (5, 10, NW) | |

ANSWER KEY

INSIDE OUT EMOTIONS



1. Mary was **excited** to show her family her new puzzle.
2. Rainy days make many people **sad**.
3. John was **angry** when he lost in a game of bocce ball.
4. Sally was **disgusted** to find a worm in her apple.
5. Bob was **afraid** when he was watching a scary movie with his friends.