

SUMMER PROGRAMMING

Monday, June 9 - Saturday, August 9

Registration Begins

Monday, April 14, 2025

Registration Deadline

Friday, May 2, 2025

Scholarship Deadline

Friday, May 2, 2025

OFFICE HOURS

Monday - Friday

8:30 am - 5:00 pm except for holidays

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ABOUT **NWSRA**

NWSRA serves 17 northwest suburban communities in partnership with Member Park Districts, providing general recreation therapy programs, day camps, athletics, inclusion, trips, special events, leisure education, community adult day programs and 1:1 therapy.

WAYS TO REGISTER



MAIL IN

NWSRA 3000 W. Central Rd, Suite 205 Rolling Meadows, IL 60008



FAX

(847) 392-2870 Call office to ensure receipt of fax.



E-MAIL

E-mail new fillable registration form to office@nwsra.org

We accept AmEx, Discover, MasterCard, Visa. Checks payable to Northwest Special Recreation Association.



MISSION

To provide outstanding opportunities through recreation for children and adults with disabilities.

VISION

To be a leading force, creating greater options that enrich the life experiences of the participants, families and communities we serve.

VALUES

Teamwork: Support each other and work together

Respect: Be open, honest and kind

Enthusiasm: Exceed expectations

Collaboration: Combine resources to achieve common goals

Communication: Listen, share and adapt

Diversity: Self-evaluate, educate, celebrate, advocate and represent

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GOALS

C Cognitive SkillsCI Community Integration

HW Health & Wellness

Independent Functioning

M Motor Skills

P Physical Skills

SE Social & Emotional Skills

SI Sensory Integration

ABBREVIATIONS

AUT Autism Spectrum

ID Intellectual Disability

P Physical Disability

V Visual Disability

CERTIFICATIONS

CIA Certified Inclusivity Assessor

CPRP Certified Park & Recreation Professional

CTRS Certified Therapeutic Recreation Specialist

DSP Direct Support Person

QIDP Qualified Intellectual Disabilities Professional

BOARD OF DIRECTORS

ARLINGTON HEIGHTS

Carrie Fullerton

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STREAMWOOD

Jeffrey Janda

WHEELING

Jan Buchs

BOARD MEETING

For Board Meeting dates and to access a copy of the meeting agenda, visit nwsra.org/board

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GOALS LEGEND

C Cognitive Skills CI Community Integration HW Health & Wellness I Independent Functioning M Motor Skills P Physical Skills SE Social & Emotional Skills SI Sensory Integration

SWIM LESSONS

In these progressive, 30 minute swim lessons, swimmers are introduced to basic water skills, breath holding and a variety of submerging progressions, eventually leading the participant to unassisted swimming. The curriculum is broken into concepts, which are advanced and developed through each level using different techniques and skills.

Please state your preferred times on the registration form. You will be called before the program with your time confirmation. **Meet on swim** deck for all swim programs. The Illinois Department of Public Health requires that all participants not completely toilet trained must wear tight fitting plastic pants under swimwear.

Prog. #	Prog. Name	Goals	Day	Time	Dates	Location	Fee	Min/Max
1010	3 - 16 yrs.	M, P	М	4:00 - 7:00 pm	6/9 - 8/4	Wheeling Community Recreation Center	\$315.00	2/4
1020	3 - 16 yrs.	M, P	W	4:00 - 7:00 pm	6/9 - 8/6	Jack Claes Pavilion • Elk Grove Village	\$315.00	2/4
1030	3 - 16 yrs.	M, P	Th	4:00 - 7:00 pm	6/12 - 8/7	Arlington Ridge Center	\$315.00	2/4
1040	3 - 16 yrs.	M, P	Th	4:00 - 7:00 pm	6/12 - 8/7	Park Place • Streamwood	\$315.00	2/4

₼ MUSIC

VOICE & PIANO LESSONS Ages: 7 & older

Improve voice control, tone and technique while singing some of your favorite songs or discover your musical talent and improve your rhythm, hand-eye and fine motor coordination while learning to play the piano. Please list your 30 minute time slot preference from 4:00pm to 8:30pm on the registration form.

NOTE: List preferred time on registration form.

Group: All Abilities

Location: Rolling Meadows Community Center • Music Room

Min/Max: 1/5 per program

Goals: M, C

Prog. #	Dates	Day	Time	Fee	
1070	6/9 - 8/4	М	4:00 - 8:30 pm	\$315.00	

SPECIAL EVENTS Looking for a day full of fun and excitement? Don't worry we have plenty of special events you can attend without committing to a full program season. There is something for every age group and adventure seeker. **See page 40 for event offerings.**



₼ MUSIC

GUITAR LESSONS Ages: 7 & older

Jam to great music, while learning about guitar technique and performance. Please list your 30 minute time slot preference from 3:45pm to 6:15pm on the registration form.

NOTE: List preferred time on registration form.

Group: All Abilities

Location: Rolling Meadows Community Center • Music Room

Min/Max: 1/4 per program

Goals: M, C

Prog. #	Dates	Day	Time	Fee
1080	6/10 - 8/5	Т	3:45 - 6:15 pm	\$315.00

₼ MUSIC

DRUM LESSONS Ages: 7 & older

Tap out rhythms and feel the beat while learning drumming techniques and performing on a drum set, snare drum, bells and a variety of rhythm instruments. Please list your 30 minute time slot preference from 6:15pm to 8:45pm on the registration form.

NOTE: List preferred time on registration form.

Group: All Abilities

Location: Rolling Meadows Community Center • Music Room

Min/Max: 1/4 per program

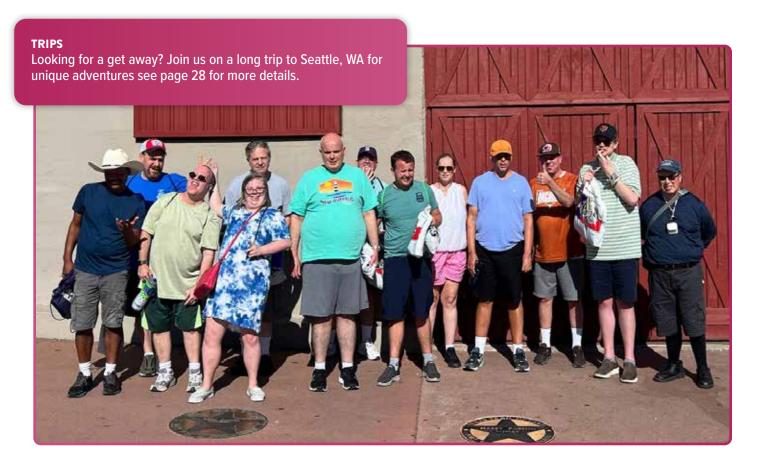
Goals: M, C

Prog. #	Dates	Day	Time	Fee
1090	6/10 - 85	T	6:15 - 8:45 pm	\$315.00

PLEASE NOTE

Time slots are not guaranteed. Assigned time slot will be confirmed prior to the start of program by the Program Coordinator, Eric Engleson.







HORSEBACK RIDING LESSONS

Walk On's mission is to promote well-being and inspire individuals to reach their highest potential, by harnessing the healing power of horses – which from a therapeutic standpoint is NWSRA's goal for this program. NWSRA is always committed to offering the highest quality instruction, and the instructors at Walk On are PATH International Certified, meaning they specialize in equine therapy and can guide riders of all physical, cognitive, and ability levels toward progressions on a horse. During program, both NWSRA and Walk On staff will work jointly to provide participants an elevated level of programming. In addition to top-notch instruction, this new partnership with Walk On will allow NWSRA to offer its Therapeutic Horseback Riding Program year-round, creating more opportunities for participants to experience the joy and benefits of therapeutic riding.

NOTE: Riders enrolled in this program must have adequate balance, mobility, posture and ability to maintain upper neck and trunk control. Helmets are provided, a waiver and medical form must be signed before the first day of class. The program is held indoors. Participants must be under 175 pounds and under 6 feet for the safety of the rider and horse. **Riders are required to wear boots or shoes with a heel.**

Prog. #	Age	Day	Time	Dates	Location	Fee	Max	Goals
1025	6 yrs & older	Т	4:00 - 4:30 pm	6/17-8/12	Walk On Farms	\$405.00	2	M, SI
1035	6 yrs & older	Т	4:30 - 5:00 pm	6/17-8/12	Walk On Farms	\$405.00	2	M, SI

1:1 therapy programming

All sessions are 45 minute individual or sibling sessions. Please state your preferred time on the registration form. These therapy sessions will be video recorded and require an additional waiver for participation. You will be contacted before the therapy session with your time confirmation. Times are subject to change based on availability.



SNOEZELEN SENSORY ROOM

Sensory therapy consists of placing an individual in a soothing and stimulating environment, called the "Snoezelen Room." This room is run by a Certified Therapeutic Recreation Specialist (CTRS) specially designed to deliver stimuli to various senses using lighting effects, color, sounds, music, scents, etc.

Age: 3 yrs. & older

Group: All Abilities

Location: 1120 - Rolling Meadows Community Center 1121 - Rolling Meadows Community Center 1122 - Central Community Center • Mt. Prospect 1123 - Wheeling Community Recreation Center

Note: Location may be subject to change.

Min/Max: 1/4 per program

Goals: SI

Prog. #	Dates	Day	Time	Fee
1120	6/9 - 8/4	М	2:30 - 6:15 pm	\$315.00
1121	6/10 - 8/5	Т	2:30 - 6:15 pm	\$315.00
1122	6/11 - 8/6	W	2:30 - 6:15 pm	\$315.00
1123	6/12 - 8/7	Th	2:30 - 6:15 pm	\$315.00



DREAM LAB

The fully accessible Dream Lab opens endless possibilities through next-level technology. The Dream Lab hosts Virtual Reality, 3D printing, fully adjustable computers, a 70 inch iPad and so much more! Participants will learn stress-reduction techniques, expand their minds through endless virtual worlds and explore their interests through technology alongside a Certified Therapeutic Recreation Therapist.

Age: 3 yrs. & older **Group:** All Abilities

Location: Rolling Meadows Community Center • NWSRA Dream Lab

Min/Max: 1/4 per program

Goals: C, I

Prog. #	Dates	Day	Time	Fee
1140	6/10 - 8/5	Т	2:30 - 5:15 pm	\$225.00
1141	6/12 - 8/7	Th	2:30 - 5:15 pm	\$225.00



COMMUNITY SENSORY GARDEN

The NWSRA Community Sensory Garden welcomes individuals of all ability levels to explore, play, learn, and grow in a natural environment. The garden features plants, vegetables, an accessible walkway, seating and several interactive amenities that cultivate an increased connection to nature. Through the knowledge and expertise of Certified Therapeutic Recreation Specialists (CTRS), children and adults expand their boundaries through nature-based learning and play.

Age: 3 yrs. & older Group: All Abilities

Location: Hanover Park Community Center • Sensory Garden

Min/Max: 1/3 per program

Goals: SI, CI

Prog. #	Dates	Day	Time	Fee
1130	6/11 - 8/6	W	2:30 - 5:00 pm	\$225.00



CLUB WELLNESS

Club Wellness is a complete activity-rich program of fitness, nutrition and wellness training designed specifically for people with intellectual disabilities, and effective for all. This unique program builds a team culture of inclusion, support and encouragement which is led by a Certified Therapeutic Recreation Therapist. 1:1 Club Wellness sessions can be in-person or virtual. Please indicate on registration form.

Age: 8 yrs. & older **Group:** All Abilities

Location: 1150 Hanover Park Community Center • NWSRA Space **1151** Wheeling Community Center • NWSRA Space

Min/Max: 1/4 per program

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
1150	6/9 - 8/4	М	2:30 - 6:00 pm	\$225.00
1151	6/11 - 8/6	W	2:30 - 5:00 pm	\$225.00

GOALS LEGEND

C Cognitive Skills CI Community Integration HW Health & Wellness I Independent Functioning M Motor Skills P Physical Skills SE Social & Emotional Skills SI Sensory Integration

NOTE: All Athletes registering for a NWSRA Lightning Teams must have a current Special Olympics medical and consent form on file by the second week of program good through the state competition.

For more information please contact: Kaila Robinson at krobinson@nwsra.org or (847) 392-2848, ext. 225.

COMPETITIVE

GOLF LEAGUE Ages: 16 & older

Play 6-9 holes of golf each week. Learn golf course etiquette and improve your game. The 7200 program is geared towards the intermediate and advanced golfers. The 7201 program is intended towards beginners and intermediate level golfers. Golfers will also have the opportunity to play in the Special Olympics Qualifier in July if they have a current Medical Application. No Program: September 1

Group: All Ambulatory Athletes

Location: Arlington Lakes Golf Club • Arlington Heights

Min/Max: 4/12

Ratio: 1:4 to Independent

Goals: M, C, HW

Note: Must provide your own clubs and be able to walk 9 holes of golf, consistently hit the ball a minimum of 50 yards and have participated in

NWSRA golf lessons previously.

Prog. #	Dates	Day	Time	Fee
7200	8/18- 9/22	М	4:30 - 6:30 pm	\$75.00
7201	8/21 - 9/25	Th	4:30 - 6:00 pm	\$90.00

SOCIAL CLUBS

Come socialize with friends while going out and having fun! Join one of our 6 social clubs with the potential of watching the Schaumburg Boomers, grooving to a concert in the park and enjoying a summer evening making s'mores with friends! For more details, see page 34 - 39.

TOMPETITIVE

BOCCE Ages: 16 & older

This game requires skill, strategy, and a little luck. Learn to roll, hit, and score during practice and participation. This year Special Olympics is **not** offering Bocce as a sport for their Summer Games. **No Program: September 1**

Group: All Ambulatory Athletes

Location: Field between NWSRA and Conyers Learning Academy

Min/Max: 4/15

Ratio: 1:4 to Independent Goals: P, HW,SE,C

Prog. #	Dates	Day	Time	Fee
7400	7/7 - 9/29	М	5:30 - 6:30 pm	\$180.00





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© COMPETITIVE

FLOOR HOCKEY Ages: 16 & older

Come out and join the competitive sport of floor hockey. This quick sport is like ice hockey but is played on a gym floor with a straight rod stick and felt disc as a puck. The program focuses on developing floor hockey skills, teamwork, and competitive play. All teams compete at the Special Olympics State Games in November. **No Program: October 13**

Group: All Ambulatory Athletes

Location: Carl Sandburg Jr High • Rolling Meadows

Min/Max: 11/16 Goals: M, S, HW

Ratio: 1:4 to Independent

Note: Shin Guards and tall black socks are required for practices and

tournament play.

Prog. #	Dates	Day	Time	Fee
7080	9/8 - 11/17	М	7:00 - 8:00 pm	\$150.00

COMPETITIVE

CO-REC VOLLEYBALL Ages: 16 & older

Participants will practice bumping, hitting and serving for the first few weeks. Then compete in games and tournament play with other Special Recreation Associations and participate in the Special Olympics Qualifier in September.

No Program: August 26

Group: All Ambulatory Athletes

Location: Camelot Park • Arlington Heights

Min/Max: 6/30 Goals: M, S, HW

Ratio: 1:4 to Independent

Note: The first practice will be a team placement assessment, which will take place at Camelot Park in Arlington Heights from 6:30-7:30pm. After team assessments players will be divided into teams based on ability, age, position played, and team dynamics. Players and parents/guardians will be informed of their team assignments, practices times, and locations after assessments. Each team will be assigned a practice and home game location.

Prog. #	Dates	Day	Time	Fee
7010	7/22 - 10/7	Т	6:30 - 8:30 pm	\$165.00

1:1 THERAPY PROGRAMMING

Want to expand your mind through technology? Come by our Dream Lab. Want to help nurture our flowers? Stop by our Community Sensory Garden. Whatever your thing is, we offer four different programs that help you explore, play, learn, and grow!

For more information regarding our 1:1 Therapy Programming, see page 8.

LONG TRIPS

Want to go on an adventure? Join us on a special trip this August! **See page 28 for more details.**



SKILL DEVELOPMENT

SUNSHINE THROUGH GOLF Ages:8 & older

This lesson is designed for beginner golfers. Golfers will receive close supervision as they develop their golf skills at the driving range and putting greens. Please bring your own clubs or clubs will be provided if needed. Players with current Medical Applications will be able to compete in the Special Olympics Golf Skills Qualifier in July.

Group: All Ambulatory Athletes

Location: Old Orchard Country Club • Mt. Prospect

Min/Max: 4/10 Goals: M, P, HW

Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
1438	9/2 - 10/7	T	5:15 - 6:15 pm	\$60.00

© COMPETITIVE

FLAG FOOTBALL Ages: 16 & older

Grab your jersey and get ready to play some flag football. Develop the fundamental football skills as part of a team of peers while playing against other Special Recreation Association teams. The football team will compete in the Special Olympics Qualifier. **No Program: September 24**

Group: All Ambulatory Athletes

Location: TBD Min/Max: 12/18 Goals: M,S,HW

Ratio: 1:4 to Independent

Prog. #	Dates	Day	Time	Fee
7090	7/9 - 10/1	W	6:00 - 7:00 pm	\$180.00

© COMPETITIVE

REGIONAL BOWLING TOURNAMENT Ages: 8 & older

Special Olympics will be hosting the Regional Bowling Tournament. Athletes can compete in the singles, doubles, or team (4 athletes) competition. In order to participate athletes must have a current medical application form on file with NWSRA and submit 15 bowling scores without the use of bumpers. Once you register, you will receive a form to complete and submit to the athletic manager. Bowling scores are due by June 27. If you advance to sectionals or state, a fee of \$15 will be invoiced for each tournament. A t-shirt is included in the fee.

Group: All Ambulatory Athletes **Location:** Stardust Lns • Addison

Min/Max: 4/25

Ratio: 1:1 to Independent

Prog. #	Date	Day	Time	Fee
7500	8/9	Sa	TBA	\$25.00



SPORTS BANQUET Ages: 8 & older

Dine and Dance at this awards presentation that will celebrate all of the NWSRA athletes' achievements in practice, games, and tournaments.

Group: All NWSRA Athletes

Location: Chandler's Banquets • Schaumburg

Min/Max: 20/50 Goals: M,HW,P,I

Ratio: 1:1 to Independent

Prog. #	Dates	Day	Time	Fee
7060	9/24	W	6:30 - 8:30 pm	\$50.00





BECOME A BOOSTER

The NWSRA Lightning Athletic Booster Club was established as a committee under SLSF, a 501 (c)(3) charity that is the fundraising arm of NWSRA. The Booster Club is comprised of parents and friends of Lightning Athletes working together to enhance athletic opportunities through increased funding toward transportation to competitions, housing for tournaments, equipment and uniforms. Here are some examples of support, with your help, that the Booster Club looks forward to providing:

- Equipment and uniforms for NWSRA Lightning Athletic teams
- Volunteering at tournaments NWSRA hosts
- Creating and supporting fundraising opportunities

Over 200 NWSRA Lightning Athletes compete year-round in a variety of 16 sports including basketball, softball, swimming, golf, bowling, and so much more!

If you are interested in joining or learning more about Booster Club activities, please contact Rachel Hubsch at (847) 392-2848 ext. 231 or e-mail rhubsch@nwsra.org



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sensory Storytime	Movin' and Groovin'	Clay Play	Sensory Scientist		Music Makers Saturday Clubhouse Tumbling Tots

GOALS LEGEND

C Cognitive Skills CI Community Integration HW Health & Wellness I Independent Functioning M Motor Skills P Physical Skills SE Social & Emotional Skills SI Sensory Integration

SOCIAL

SENSORY STORY TIME Ages: 3 - 6

Welcome to our interactive Sensory Storytime, a story hour designed to engage children through sight, sound, touch, movement, and more! Storytime includes creative elements to bring books to life by stretching, dancing, and participating in related activities. The program will follow a theme each week and incorporate STEAM activities. Sign up for this program to extend your child's day at camp.

Group: All Abilities & Siblings

Location: 1635 - Bartlett Community Center 1636 - Wheeling CC • NW Wing

Min/Max: 4/6

Ratio: 1:1 to Independent

Goals: C,I

Prog. #	Dates	Day	Time	Fee
1635	6/9 - 8/4	М	2:45 - 3:30 pm	\$162.00
1636	6/9 - 8/4	М	2:45 - 3:30 pm	\$162.00

HEALTH AND WELLNESS

MOVIN' AND GROOVIN' Ages: 3 - 6

Come join your peers and get your wiggles out. While we socialize and play games, there will be motor development and recognition tasks. Sign up for this program to extend your child's day at camp.

Group: All Abilities & Siblings

Location: 1690 - Bartlett Community Center

1691 - Wheeling • NW Wing

Min/Max: 4/6

Ratio: 1:1 to Independent Goals: M, HW, P

Prog. #	Dates	Day	Time	Fee
1690	6/10 - 8/5	Т	2:45 - 3:30 pm	\$162.00
1691	6/10 - 8/5	Т	2:45 - 3:30 pm	\$162.00

SKILL DEVELOPMENT

CLAY PLAY Ages: 3 - 6

Discover a world where imagination takes shape! This program transforms learning through hands-on clay exploration. Young artists will develop fine motor skills by pinching, rolling, and molding as the clay strengthens their hand muscles. Their visions will come to life through tactile art, and they will engage multiple senses creating rich and memorable experiences. Unlock your child's potential, one lump of clay at a time!

Group: All Abilities & Siblings **Location:** Rose Park • Palatine

Min/Max: 4/6

Ratio: 1:1 to Independent

Goals: M, SI

Prog. #	Dates	Day	Time	Fee
1950	6/11 - 8/6	W	5:30 - 6:15 pm	\$180.00

SOCIAL

SENSORY SCIENTIST Age: 3 - 6

Join your peers and develop social interaction and teamwork skills through play. Each week there will be a new sensory theme for the participants to explore. Sign up for this program to extend your child's day at camp.

Group: All Abilities & Siblings

Location: 1640 - Bartlett Community Center 1641 - Wheeling CC • NW Wing

Min/Max: 4/6

Ratio: 1:1 to Independent

Goals: SI,SE

Prog. #	Dates	Day	Time	Fee
1640	6/12 - 8/7	Th	2:45 - 3:30 pm	\$180.00
1641	6/12 - 8/7	Th	2:45 - 3:30 pm	\$180.00





MUSIC MAKERS Ages: 3 - 6 yrs.

Through singing, listening, and playing instruments, children will develop rhythm, build fine motor skills. We use a variety of musical styles to expose kids to different genres, from jazz to pop and world music. Social skills are strengthened as we collaborate and play together. Extend your child's day by adding on Saturday clubhouse. NWSRA staff will transition participants to the next program.

No Program: July 5

Group: All Abilities & Siblings

Location: Rolling Meadows Community Center • NWSRA Music Room

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: C, I, M

Prog. #	Dates	Day	Time	Fee
1845	6/14 - 8/9	Sa	9:00 - 10:00 am	\$168.00



SOCIAL

SATURDAY CLUBHOUSE Ages: 3 - 6 yrs.

Help your child strengthen friendships, cognitive skills, and practice social skills through creative projects and fun games. Cooperative activities will promote peer interaction, decision making and provide and provides an outlet for expression. Please bring a labeled lunch or snack with a drink. Extend your child's day by starting off with Music Makers. NWSRA staff will transition participants to the next program. **No Program: July 5**

Group: All Abilities & Siblings

Location: Rolling Meadows Community Center • NWSRA Space

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: SE

Prog. #	Dates	Day	Time	Fee
1850	6/14 - 8/9	Sa	10:00 - 12:00 pm	\$232.00

☼ SKILL DEVELOPMENT

TUMBLING TOTS Ages: 3 - 6 yrs.

Leap into action while developing poise, flexibility and strength. Learn spatial awareness on the balance beam, uneven bars, vault and floor. Participants will learn physical development, age-appropriate play, as well as social and emotional development through the art of gymnastics. This class is all about imagination and fun while practicing gymnastics skills and drills. **No Program: July 5**

Group: All Abilities & Siblings

Location: Vogelei Barn • Hoffman Estates

Min/Max: 4/6

Ratio: 1:1 to Independent

Goals: M, P

Prog. #	Dates	Day	Time	Fee
1560	6/14 - 8/9	Sa	1:30 - 2:15 pm	\$168.00



SNOEZELEN® ROOM

Through Technology and innovative design, the Snoezelen Room is a controlled multi-sensory environment that helps create a therapeutic alliance between the participant and CTRS as well as a safe place to develop life skills. Please see pg. 8 to register for 1:1 snoezelen therapy sessions



STIMULATION

Multi-sensory products and environment can be used to stimulate individuals by providing exciting visuals, music and sounds, invigorating smells and textures to explores.



RELAXATION

Multi-sensory products and environment can be used to calm and reduce agitation through the use of gentle light, soothing sound, relaxing smell and touch.



DEVELOPMENT

Snoezelen can be used as learning and developmental too, it can be used for color matching, understanding of cause and effect, and creating themed environments to teach within.



THERAPY

NWSRA's Snoezelen Sensory Team will help you create individualized short and long term measurable goals for each individual receiving therapy within the room.

MULTI-SENSORY ROOM FEATURES

BUBBLE TUBES

Provide multi-sensory feedback and stimulate the visual system. Therapeutic benefits include spatial awareness, touching, interaction, de-escalation and fine motor-skill development.





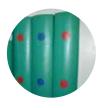
THE GESTURETEK CUBE

Creates an interactive projection on the floor with amazing special effects which are gesture controlled.



BUMPAS

Are soft vinyl objects secured to the walls that vibrate when touched. This may help calm and regulate the system for an under-sensitive individual, while increasing tolerance to tactile input for an over-sensitive individual.





GOALS LEGEND

M Motor Skills P Physical Skills SE Social & Emotional Skills SI Sensory Integration

C Cognitive Skills CI Community Integration HW Health & Wellness I Independent Functioning

SOCIAL

REC N ROLL Ages: 6 - 10

Join your peers to try out new recreation activities that encourage social interaction, teamwork and gross motor skills. Learn what NWSRA and member Park Districts offer to support a healthy lifestyle through recreation in your community.

Group: All Abilities

Location: Central Community Center • Mt. Prospect

Min/Max: 4/8

Ratio: 1:1 to Independent Goals: SI, I, C, SE

Prog. #	Dates	Day	Time	Fee
2245	6/9 - 8/4	М	3:30 - 4:30 pm	\$189.00



SOCIAL

STEAM ENGINEERS Ages: 10 - 14

Join your peers and develop social interaction and teamwork skills through play. Each week there will be a new STEAM theme for the participants to explore.

Group: All Abilities

Location: Central Community Center • Mt. Prospect

Min/Max: 4/8

Ratio: 1:1 to Independent Goals: SI, I, C, SE

Prog. #	Dates	Day	Time	Fee
2440	6/9 - 8/4	М	5:00 - 6:00 pm	\$189.00

SKILL DEVELOPMENT

CRAFTY CREATORS Ages: 14 - 21

Draw, paint and create fun projects while developing your creative side. Beginners are welcome! Please bring a labeled snack and drink.

Group: All Abilities

Location: Kirk School • Palatine

Min/Max: 4/15

Ratio: 1:1 to Independent

Goals: SE, I, SI

Prog. #	Dates	Day	Time	Fee
2450	6/9 - 8/4	М	2:30 - 4:00 pm	\$189.00

SOCIAL

TRAVELIN' TEENS Ages: 14 - 21

Improve independence, money management skills and socialization while going on adventures with friends! Activities are planned by the participants and may include trips to the mall, nature center, bowling alley and more. A schedule will be given to families the second week.

Group: All Abilities

Location: Park Central • Rolling Meadows

Min/Max: 4/10

Ratio: 1:2 to Independent

Goals: CI, SE, I

Prog. #	Dates	Day	Time	Fee
2250	6/10 - 8/5	Т	1:30 - 4:30 pm	\$270.00

Transportation: Please indicate pick up and drop off location on registration. Fee: \$45 one way, \$90 round trip

Transportation Location	Pick Up	Drop Off
Higgins Education Center	1:00 pm	None
Hoffman Estates High School	1:15 pm	None
Palatine High School	1:15 pm	None
Hersey High School	12:45 pm	None
Vogelei Barn • Hoffman Estates	None	5:00 pm
NWSRA Park Central	None	5:20 pm

THERAPY

AUTISM MOVEMENT THERAPY®

2080/2090: Age: 6 - 10 | **2085/2095:** Age: 11 - 14

Come join your peers exploring the benefits of structured movements, dance, and music. This program uses different tools to help improve your child's engagement and participation in a group environment.

Group: Autism Spectrum

Location: 2080/2085 - Wheeling CRC • NWSRA Space

2085/2095 - Hanover Park Community Center • NWSRA Space

Min/Max: 4/6 Ratio: 1:1 to Independent

Goals: M, SI

Prog. #	Dates	Day	Time	Fee
2080	6/10 - 8/5	Т	3:30 - 4:15 pm	\$225.00
2085	6/10 - 8/5	Т	4:30 - 5:15 pm	\$225.00
2090	6/12 - 8/7	TH	3:30 - 4:15 pm	\$225.00
2095	6/12 - 8/7	TH	4:30 - 5:15 pm	\$225.00

☆ SKILL DEVELOPMENT

PARKOUR 2010: Ages: 6 - 13 | 2015: Ages: 14 - 18

Come climb, run, and jump through creative obstacle courses! A certified instructor will work with you to learn basic skills mixed with movement activities such as strength, agility and safety.

Group: All Abilities

Location: The Zone • Mt. Prospect

Min/Max: 4/10

Ratio: 1:2 to Independent

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
2010	6/11 - 8/6	W	4:00 - 5:00 pm	\$225.00
2015	6/11 - 8/6	W	5:00 - 6:00 pm	\$225.00

SKILL DEVELOPMENT

RECIPE MAKERS Ages: 14 - 21

Work together as a group to create a list of healthy snacks for the season. Each week the group will work together to make a healthy snack come to life. A recipe book will be given to each participant at the end of the session. Each week will be filled with health and wellness games.

Group: All Abilities

Location: Kirk School • Palatine

Min/Max: 4/15

Ratio: 1:4 to Independent Goals: HW, SE, SI

Prog. #	Dates	Day	Time	Fee
2150	6/11 - 8/6	W	2:30 - 4:30pm	\$234.00

☆ SKILL DEVELOPMENT

SWIM ADVENTURES Ages: 14 - 21

Splash into adventure! Grab your swimsuit, towel and sunscreen and join your friends for a cool afternoon at the pool. Alternate activities will be planned at Palatine Community Center in case of inclement weather.

Group: All Abilities

Location: Palatine Family Aquatic Center

Min/Max: 4/10

Ratio: 1:1 to Independent

Goals: HW, M

Prog. #	Dates	Day	Time	Fee
2260	6/11 -8/6	W	1:30 - 4:30 pm	\$240.00

Transportation: Please indicate pick up and drop off location on registration.

Fee: \$45 one way, \$90 round trip

Transportation Location	Pick Up	Drop Off
Higgins Education Center	1:00 pm	None
Hoffman Estates High School	1:15 pm	None
Palatine High School	1:15 pm	None
Hersey High School	12:45 pm	None
Vogelei Barn • Hoffman Estates	None	5:00 pm
NWSRA Park Central	None	5:20 pm

SOCIAL CLUBS

Come socialize with friends while going out and having fun! Join one of our 6 social clubs with the potential of watching the Schaumburg Boomers, grooving to a concert in the park and enjoying a summer evening making s'mores with friends! For more details, see page 34 - 39.



☆ SKILL DEVELOPMENT



TECH EXPLORERS Ages: 10 - 14

Join us in the Dream Lab Accessible Technology Room to explore gaming at a completely new level. Each week discover a new Microsoft game for X-Box and use Virtual Reality to bring the game to life.

Group: All Abilities & Siblings

Location: Rolling Meadows Community Center • NWSRA Dream Lab

Min/Max: 4/8 Ratio: 1:4 to Independent

Goals: C, I

Prog. #	Dates	Day	Time	Fee
2120	6/12 - 8/7	Th	5:30 - 6:30 pm	\$152.00

SKILL DEVELOPMENT

SPORT SAMPLER Ages: 10 - 14

Join your peers and develop the skills to play various games and improve your sports skills. This program works to develop an understanding of the games and motor skills to participate in various sports. Enhance proper social interaction and working with others while having fun. **No Program: July 4**

Group: All Abilities

Location: Birchwood Community Center • Palatine

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
2355	6/13 - 8/8	F	4:00 - 5:00 pm	\$160.00

SKILL DEVELOPMENT



LEVEL UP GAMING Ages: 14 - 21

Want to expand your technology knowledge? Come explore the NWSRA Dream Lab Accession Technology Center. You will get to experience a giant Padzilla, adapted Taplt System, Virtual Reality, 3D printer, Microsoft Xbox and Nintendo Switch video games.

Group: All Abilities

Location: Rolling Meadows Community Center • NWSRA Dream Lab

Min/Max: 4/8

Ratio: 1:4to Independent

Goals: C, SE, I

Prog. #	Dates	Day	Time	Fee
2110	6/12 - 8/7	Th	6:30 - 7:30 pm	\$160.00

SOCIAL

SHOOTING STARS Ages: 6 - 10

Enhance cognitive, fine motor and social skills through playing games, fitness and crafts. Please bring a labeled snack and drink. **No Program: July 5**

Group: All Abilities

Location: RecPlex • Mt. Prospect

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: M, SE

Prog. #	Dates	Day	Time	Fee
2770	6/14- 8/9	Sa	9:00 - 11:00 am	\$240.00

SKILL DEVELOPMENT

RECESS GAMES AND SPORTS Ages: 6 - 10

Join your peers and develop the skills to play recess games and improve your sports skills. This program works to develop an understanding of the games and motor skills to participate in various sports. Enhance proper social interaction and working with others while having fun.

No Program: July 4

Group: All Abilities

Location: Birchwood Community Center • Palatine

Min/Max: 4/8

Ratio: 1:1 to Independent Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
2350	6/13 - 8/8	F	3:00 - 4:00 pm	\$160.00

SOCIAL

SUPERSTARS Ages: 11 - 15

Enhance cognitive, fine motor and social skills through playing games, fitness, swimming and crafts. Please bring a labeled swimsuit, towel, lunch and drink. The Illinois Dept. Of Public Health requires that anyone not completely toilet trained must wear tight fitting plastic pants. Parents pick up on the pool deck. **No Program: July 5**

Group: All Abilities

Location: RecPlex • Mt. Prospect

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: M, SE, SI

Prog. #	Dates	Day	Time	Fee
2780	6/14 - 8/9	Sa	11:30 - 2:30 pm	\$320.00

SOCIAL

DISTRICT TRAVELERS Ages: 14 - 21

Improve independence, community awareness, socialization and positive use of leisure time through participation in community activities. A schedule of activities will be distributed the first week. Please bring a labeled lunch and drink. NWSRA reserves the right to determine an individual's readiness to participate in this traveling program. **No Program: July 5**

Group: All Abilities

Location: Vogelei House • Hoffman Estates

Min/Max: 4/10

Ratio: 1:4 to Independent

Goals: CI, SE, I

Prog. #	Dates	Day	Time	Fee
2500	6/14 - 8/9	Sa	9:30 - 1:30 pm	\$400.00

Transportation: Please indicate pick up and drop off location on registration.

Fee: \$40 one way, \$80 round trip

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center	9:00am	2:00pm
Buffalo Grove Fitness Center	8:30am	2:30pm



GYMNASTIC SKILLS Ages: 6 - 10

Not ready for the Lightning Gymnastics Team yet? In this program you will sharpen your skills in balance, core strength and coordination to meet your gymnastic goals and even make the Gymnastics Team. No Program: July 5

Group: All Ambulatory

Location: Vogelei Barn • Hoffman Estates

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: M, P

Prog. #	Dates	Day	Time	Fee
2065	6/14 - 8/9	Sa	2:30 - 3:15pm	\$200.00



SOCIAL

SPARE TIME BOWLERS Ages: 14 - 21

Come extend your day while socializing and bowling with friends after your morning Saturday program. If you selected round trip transportation for District Travelers, the fee includes transportation to Spare Time Bowlers after. If you did not need transportation for district travelers, please add \$35 to your registration in order to have one way transportation to Spare Time Bowlers. Transportation is only provided from District Travelers. All other participants must be dropped off and picked up at program. Two games of Bowling and shoes included in fee. **No Program: July 5**

Group: All Abilities

Location: Poplar Creek Bowl • Hoffman Estatesd

Min/Max: 4/15

Ratio: 1:4 to Independent

Goals: M, SE, CI

Prog. #	Dates	Day	Time	Fee
3140	6/14 - 8/9	Sa	2:00 - 4:00 pm	\$280.00

Transportation: One way from the District Travelers

Fee: \$45





NWSRA is always looking for amazing people to join our team! Whether you have experience working with people with disabilities or this is your first time, we would love to chat with you! If you are looking for a meaningful job to make some extra income with flexible hours, and to make a difference in your community, NWSRA has the job for you!

For all jobs and to Apply





Inclusion Aide

As an Inclusion Aide you'll promote interdependence, social interactions and support behavior goals. Aides provide modifications or adaptations to ensure inclusion within the park district program. You'll feel supported with assistance from our Inclusion Team, who will help when needed throughout your assignment.



Camp Counselor

As a Camp Counselor in NWSRA Day Camps, you'll support participants in daily group recreation activities such as swimming, sports, arts & crafts and field trips. Camp counselors assist with behavior management goals, direct supervision, personal care, social skills and help with activities of daily living.



Program Assistant

As a Program Assistant in our General Recreation Therapy programs, you'll support participants in weekly group recreation programs including sports, social activities, craft projects, swimming, cooking, and community outings. Program Assistants work on behavior management goals, direct supervision, and social skills. They also assist participants with personal care and activities of daily living.



INCLUSION SERVICES WHAT IS INCLUSION?

NWSRA and its member park districts believe that all individuals should have access to whatever leisure opportunities they choose, regardless of ability level. We work together to assess any modifications that maybe be needed for an individual with a disability to successfully participate in park district programs, at no additional cost.





HOW TO REQUEST ASSISTANCE

Any request for inclusion assistance should be done at registration. Simply check the ADA box, requesting a reasonable accommodation. From there, the Park District Program Supervisor will reach out to you for more information. They will then contact the designated Inclusion Coordinator from NWSRA.

ASSISTANCE PROVIDED MAY INCLUDE

- Adaptive Equipment
- Individualized Resources (behavioral plan, visual schedule, communication board, incentive charts, etc.)
- · Facilitation of Personal Care Plans
- · Placement of Inclusion Aide

WHY INCLUSION?

Although many people achieve recreation through participation in NWSRA programs, others may have greater success in park district activities/ The process of including people with disabilities but also those without. Inclusive recreation programs prepare people with disabilities for life in an integrated society, and just as importantly, prepare society to accept individual diversity.

66
Inclusion provides

increased social interaction, independent and positive peer modeling.

9

COMMUNITIES SERVED:

ARLINGTON HEIGHTS · BARTLETT · BUFFALO GROVE · ELK GROVE · HANOVER PARK · HOFFMAN ESTATES · INVERNESS · MT. PROSPECT · PALATINE · PROSPECT HEIGHTS · RIVER TRAILS · ROLLING MEADOWS · SALT CREEK · SCHAUMBURG · SOUTH BARRINGTON · STREAMWOOD · WHEELING

GOALS LEGEND

- C Cognitive Skills CI Community Integration HW Health & Wellness I Independent Functioning

M Motor Skills P Physical Skills SE Social & Emotional Skills SI Sensory Integration

SOCIAL

HAPPY HOUR Ages: 40 & older

Come focus on healthy eating, table setting/manners and safety in the kitchen. Participants prepare and eat snacks, appetizers or desserts while learning cognitive skills such as counting, measuring and following directions. This is a group cooking program, therefore, all dietary restrictions cannot be accommodated every week.

Group: All Abilities

Location: Rolling Meadows Community Center • Laurel Room

Min/Max: 4/20

Ratio: 1:2 to Independent Goals: HW, C, SE

Prog. #	Dates	Day	Time	Fee
3130	6/9 - 8/4	М	5:00 - 6:00pm	\$207.00

SOCIAL

GOOD MORNING NWSRA Ages: 21 & older

Start the morning by socializing with friends! The group will discuss a variety of topics, including the weather, current news, national holidays, meditation and more. In addition, a variety of games and activities will start the morning off on a positive note!

Group: All Abilities Location: Virtual Zoom

Min: 4 Goals: C, I, SE

Prog. #	Dates	Day	Time	Fee
1410	6/6 - 8/4	М	9:00 - 10:00 am	\$72.00

SOCIAL

SPORT FANATICS Ages: 21 - 39

Join your friends each week at Reps to enjoy dinner and watch the current sporting events. Please bring money for food and drinks.

Group: All Abilities

Location: Reps Place • Rolling Meadows

Min/Max: 4/20

Ratio: 1:4 to Independent

Goals: SE, CI

Prog. #	Dates	Day	Time	Fee
3160	6/9 - 8/4	М	7:00 - 8:00 pm	\$171.00





MEDIA MEET UP Ages: 21 - 39

Join peers as we explore different elements of today's popular media. Try your hand at a different media outlet each week. Focus on development of skills in PowerPoint, Prezi, Facebook, YouTube, Print and many more!

Group: All Abilities

Location: Rolling Meadows Community Center • NWSRA Dream Lab

Min/Max: 4/8

Ratio: 1:4 to Independent

Goals: CI, I

Prog. #	Dates	Day	Time	Fee
3820	6/10 - 8/5	Т	5:00 - 6:00 pm	\$180.00

1:1 THERAPY PROGRAMMING

Want to expand your mind through technology? We offer four different programs that help you explore, play, learn, and grow! For more information regarding our 1:1 Therapy Programming, see page 8.

HEALTH AND WELLNESS

MINDFULNESS MUSKETEERS Ages: 40 & older

Come unwind and relax in the Dream Lab. Participants will participate in meditation and yoga while learning several other relaxation techniques.

Group: All Abilities

Location: Rolling Meadows Community Center • NWSRA Space

Min/Max: 4/6 Ratio: 1:2 to Independent

Goals: SE, M

Prog. #	Dates	Day	Time	Fee
3810	6/10 - 8/5	Т	6:00 - 7:00pm	\$180.00

☆ SKILL DEVELOPMENT

BOOM BEATS Ages: 21 - 39

Feel the rhythm, feel the rhyme, come on participants- it's Boom Beats time! This program will explore all types of hands on drumming and drum cultures.

Group: All Abilities

Location: Rolling Meadows Community Center • NWSRA Music Room

Min/Max: 4/10

Ratio: 1:2 to Independent

Goals: M, SE

Prog. #	Dates	Day	Time	Fee
3900	6/11 - 8/6	W	5:30 - 6:30 pm	\$180.00

HEALTH AND WELLNESS

CHAIR ONE FITNESS Ages: 21 & older

Come join the fun with one of our Certified Chair Fitness Instructors! This program takes fitness to a whole new level. It incorporates music, dancing, strength training and even yoga sitting in the comfort of your very own chair. This program delivers a fun interactive workout that uplifts you while providing a total body workout.

Group: All Abilities
Location: Virtual Zoom

Min: 4 Goals: HW, M, P



Prog. #	Dates	Day	Time	Fee
1420	6/10 - 8/5	Т	9:00 - 10:00 am	\$72.00

SOCIAL

LUNCH N' CHAT Ages: 21 & older

Join NWSRA staff for lunch while socializing with friends. This program will focus on healthy eating tips and learning about new foods.

Group: All Abilities **Location:** Virtual Zoom

Min: 4 Goals: SE, HW

Prog. #	Dates	Day	Time	Fee
1430	6/11 - 8/6	W	12:00 - 1:00 pm	\$72.00

HEALTH AND WELLNESS

CLUB WELLNESS Ages: 21 & older

Club Wellness is an activity rich program that promotes wellness through fitness, nutrition and general wellness of participants. Participants spend time learning new fitness techniques, nutritional knowledge and health tips. Club Wellness has a unique curriculum created specifically for people with disabilities taught by a Certified Club Wellness Instructor.

Group: All Abilities
Location: Virtual Zoom

Min: 4 Goals: HW, M, P



Prog. #	Dates	Day	Time	Fee
1425	6/10 - 8/5	Т	6:30 - 7:30 pm	\$72.00



M SOCIAL

MEET N' PLACE Ages: 21 & older

Meet your friends for an enjoyable morning together. Several community outings will be planned.

Group: PV

Location: Park Central • Rolling Meadows

Min/Max: 4/6

Ratio: 1:2 to Independent

Goals: SE, C

Prog. #	Dates	Day	Time	Fee
3500	6/11 - 8/6	W	10:00 - 12:00 pm	\$225.00

Transportation: Door-to-door. **Fee:** \$54 one way, \$108 round trip

HEALTH AND WELLNESS

STRENGTH & CONDITIONING Ages: 21 & older

Get a great workout in the fitness center improving muscle tone, weight management, coordination, agility and flexibility.

Group: All Abilities

Location: Schaumburg Community Recreation Center

Min/Max: 4/6

Ratio: 1:2 to Independent

Goals: P, HW

Prog. #	Dates	Day	Time	Fee
3510	6/11 - 8/6	W	1:00 - 2:00 pm	\$171.00

HEALTH AND WELLNESS

AQUA EXERCISE Ages: 21 & older

Aqua Exercise is designed as an exercise program for adults who have physical limitations including arthritis, multiple sclerosis, have suffered a stroke and other physical conditions, but all abilities are welcomed. The class begins with light stretching, followed by aerobic activities and a cool down period. An accessible lift is available.

Group: All Abilities

Location: Schaumburg Community Recreation Center

Min/Max: 4/6

Ratio: 1:1 to Independent

Goals: P, HW

Prog. #	Dates	Day	Time	Fee
3520	6/11 - 8/6	W	2:30 - 3:30 pm	\$189.00

Transportation: Fee: \$45 one way drop off

Transportation Location	Pick Up	Drop Off
NWSRA Park Central	None	4:30 pm

SOCIAL

CERAMICS Ages: 21 & older

Create beautiful ceramic pieces as gifts or home decorations. Fee includes ceramic instruction, glaze, firing and greenware.

Group: All Abilities

Location: Thrown Elements Pottery • Arlington Heights

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: M, SI, CI

Prog. #	Dates	Day	Time	Fee
3150	6/11 - 8/6	W	6:00 - 7:30 pm	\$270.00

SOCIAL

DINNER CLUB Ages: 21 & older

Explore a different culture or style of cuisine through in-house cooking and local restaurants. One local restaurant included in price. The schedule and menu will be sent out after the first week.

Group: PV

Location: Rolling Meadows Community Center

Min/Max: 4/8

Ratio: 1:1 to Independent Goals: HW, SE, CI

Prog. #	Dates	Day	Time	Fee
3580	6/12 - 8/7	Th	4:00 - 6:00 pm	\$315.00

Door-to-Door Transportation: The Program Leader will contact participants two days before the start of the program to inform of transportation times.

Fee: \$54 one way, \$108 round trip

HEALTH AND WELLNESS

POWER YOGA Ages: 21 & older

Enhance your physical strength while incorporating a variety of body weight exercises - no equipment necessary! Body weight exercises will enhance a range of biomotor abilities including strength, power, endurance, speed, flexibility, coordination and balance.

Group: All Abilities
Location: Virtual Zoom

Min: 4

Goals: HW, M, P

Prog. #	Dates	Day	Time	Fee
1440	6/12 - 8/7	Th	9:00 - 10:00 am	\$45.00



HEALTH AND WELLNESS

STAYING FIT

3740: Ages: 21 - 39 | 3750: Ages: 40 & older

Increase flexibility, strength and cardio at this invigorating program. Utilize resistance bands, weight training, fitness equipment and walk the track to promote overall fitness development and a healthy lifestyle.

Group: All Abilities

Location: Park Place Family Recreation Center • Streamwood

Min/Max: 4/10

Ratio: 1:2 to Independent

Goals: HW, P, I

Prog. #	Dates	Day	Time	Fee
3740	6/12 - 8/7	Th	5:30 - 6:30 pm	\$180.00
3750	6/12 - 8/7	Th	6:30 - 7:30 pm	\$180.00



SOCIAL CLUBS

Come socialize with friends while going out and having fun! Join one of our 6 social clubs with the potential of watching the Schaumburg Boomers play, grooving to a concert in a park and enjoying a summer evening making s'mores with friends! For more details, see page 34 - 39.

HEALTH AND WELLNESS

WALK ACROSS AMERICA

3745: Ages: 21 - 39 | 3755: Ages 40 & older

Smile as you walk many miles. Stretch and warm-up before walking on the track and have your progress charted as you "Walk Across America" to a healthier life-style.

Group: All Abilities

Location: Wheeling Community Recreation Center

Min/Max: 4/12

Ratio: 1:2 to Independent

Goals: HW, SE

Prog. #	Dates	Day	Time	Fee
3745	6/12 - 8/7	Th	5:30 - 6:30 pm	\$180.00
3755	6/12 - 8/7	Th	6:30 - 7:30 pm	\$180.00

SOCIAL

ROCKIN' THE BURBS

3490: Ages: 21 - 39 | 3495: Age: 40 & older

Meet up with your friends each week as you enjoy a variety of recreational opportunities while enhancing social/emotional skills, independence and building friendships within the community.

Participant Expectations: To engage in the community with the expectation of staying with the group, transitioning between activities with minimal prompting and support, and display appropriate social interaction with peers and staff. Specific needs such as restroom or feeding can be assisted by staff.

Group: All Abilities

Location: Rolling Meadows Community Center • NWSRA Space

Min/Max: 4/12

Ratio: 1:4 to Independent

Goals: CI, I, SE

Prog. #	Dates	Day	Time	Fee
3490	6/12 - 8/7	Th	6:00 - 8:30 pm	\$216.00
3495	6/12 - 8/7	Th	6:00 - 8:30 pm	\$216.00

SOCIAL

BRAIN TEASERS Ages: 21 & older

Awaken your brain fibers with challenging problems to solve. Bring your "A Game" to solve trivia, riddles and puzzles.

Group: All Abilities **Location:** Virtual Zoom

Min: 4

Goals: HW, C, SE

Prog. #	Dates	Day	Time	Fee
1445	6/12 - 8/7	Th	6:30 - 7:30 pm	\$72.00

SOCIAL

COMMUNITY TRAVELERS Ages: 21 & older

Improve independence, community awareness, socialization and positive use of leisure time through participation in community activities. A schedule of activities will be distributed the first week. Please bring a labeled sack lunch and drink. NWSRA reserves the right to determine an individual's readiness to participate in this traveling program.

Participant Expectations: To engage in the community with the expectation of staying with the group, transitioning between activities with minimal prompting and support, and display appropriate social interaction with peers and staff. Specific needs such as restroom or feeding can be assisted by staff. No Program: July 5

Group: All Abilities

Location: Teen Center • Rolling Meadows

Min/Max: 4/10

Ratio: 1:4 to Independent

Goals: CI, SE

Prog. #	Dates	Day	Time	Fee
3550	6/14 - 8/9	Sa	9:30 - 1:30 pm	\$400.00

Transportation: Please indicate pick up and drop off location on registration.

Fee: \$40 one way, \$80 round trip

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center	9:00 am	2:00 pm
Buffalo Grove Fitness Center	8:30 am	2:30 pm

SOCIAL

LUNCH CREW Ages: 21 & older

Bring your lunch and hang with your friends, playing games, learning how to create healthy snacks and incorporate healthy habits for the week to come. Please bring a labeled lunch and drink. **No Program: July 5**

Group: All Abilities

Location: Rec Plex • Mt. Prospect

Min/Max: 4/8

Ratio: 1:1 to Independent

Goals: CI, SE

Prog. #	Dates	Day	Time	Fee
3600	6/14 - 8/9	Sa	10:30 - 12:30 pm	\$200.00

SKILL DEVELOPMENT

DIY MASTERS Ages: 21 & older

Draw, paint and create fun projects while developing your creative side. Beginners are welcome! Fee includes supplies. **No Program: July 5**

Group: All Abilities

Location: Rec Plex • Mt. Prospect

Min/Max: 4/15

Ratio: 1:1 to Independent

Goals: M, SE

Prog. #	Dates	Day	Time	Fee
3090	6/14 - 8/9	Sa	12:30 - 2:00 pm	\$144.00

SPECIAL EVENTS

Not able to commit to a weekly program? Join us for a one day special event in the community! **See page 40 for more details.**



SOCIAL

VENTURE SQUAD Ages: 21 & older

This program will be a combination of in-house activities and community outings to improve independence, community awareness and socialization. A schedule of activities will be distributed the first week. Please bring a labeled sack lunch and drink.

Note: NWSRA reserves the right to determine individuals readiness for travel on community outings. **No Program: July 5**

Group: All Abilities

Location: Central Community Center • NWSRA Space

Min/Max: 4/10

Ratio: 1:2 to Independent

Goals: CI, SE

Prog. #	Dates	Day	Time	Fee
3650	6/14 - 8/9	Sa	9:30 - 1:30 pm	\$400.00

Transportation: Please indicate pick up and drop off location on registration. **Fee:** \$40 one way, \$80 round trip

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center	9:00 am	2:00 pm
Buffalo Grove Fitness Center	8:30 am	2:30 pm

SOCIAL

SPARE TIME BOWLERS Ages: 21 & older

Come extend your day while socializing and bowling with friends after your Saturday program. If you selected transportation for 3550 or 3650, the fee includes transportation to Spare Time Bowlers. If you did not need transportation for 3550 or 3650 program, please add \$35 to your registration in order to have transportation from program to Spare Time Bowlers. Fee includes 3 games. **No Program: July 5**

Group: All Abilities

Location: Poplar Creek Bowl • Hoffman Estates

Min/Max: 4/20

Ratio: 1:2 to Independent

Goals: M, HW

Pro	g. #	Dates	Day	Time	Fee
314	Ю	6/14 - 8/9	Sa	2:00 - 4:00 pm	\$280.00

Transportation: One way from Community Travelers or Venture Squard

Fee: \$40 one way

AFTER DAY PROGRAM ACTIVITIES

HEALTH AND WELLNESS

EXERCISE AND SWIM Ages: 21 & older

Take time for your health and fitness. The group will utilize the indoor track for walking/jogging and the pool for water exercise.

Group: All Abilities

Location: 3010 Rec Plex • Mt. Prospect

3015 Jack Claes • Elk Grove Village

Min/Max: 4/15

Ratio: 1:4 to Independent Goals: M, HW, SE

Prog. #	Dates	Day	Time	Fee
3010	6/9 - 8/4	М	4:00 - 6:00 pm	\$315.00
Trans. Drop Off: Buffalo Grove Fitness Center NWSRA Office				
3015	6/9 - 8/4	М	4:00 - 6:00 pm	\$315.00
Trans. Drop Off: Hanover Park Community Center NWSRA Office				

Transportation Fee: \$60 one way, \$120 round trip

☆ SKILL DEVELOPMENT

CUISINE CRITICS Ages: 21 & older

Come focus on healthy eating, table setting/manners and safety in the kitchen. Participants prepare and eat snacks, appetizers or desserts while learning cognitive skills such as counting, measuring and following directions. This is a group cooking program, therefore, all dietary restrictions cannot be accommodated.

Group: All Abilities

Location: Gary Morava • Prospect Heights

Min/Max: 4/15

Ratio: 1:4 to Independent

Goals: HW. C. I

Prog. #	Dates	Day	Time	Fee
3030	6/11 - 8/6	W	4:00 - 6:00 pm	\$315.00
Trans. Drop Off: Hanover Park Community Center NWSRA Office				

Transportation Fee: \$60 one way, \$120 round trip

If transportation is needed, please indicate the pick-up and drop off locations on the registration form. Priority transportation is reserved for PURSUIT clients attending PURSUIT on the day they are registered for program. If pick-up is needed, select from the locations below or list the PURSUIT site. If drop-off is needed, select from the locations listed for each specific program. The Program Leader will communicate the drop-off times once registration is closed and routes are established.

Transportation Location	Pick Up
Little City Countryside • Schaumburg	2:30 pm
Clearbrook Getz • Palatine	2:45 pm
Schaumburg Community Recreation Center	3:00 pm
Falcon Park Recreation Center	3:00 pm
Arlington Ridge Center	3:15 pm
Jack Claes Pavilion • Elk Grove	3:30 pm

SOCIAL

AFTERNOON CLUB Ages: 21 & older

Spend the afternoon building friendships, self-esteem and working on individual goals through yoga, games, technology and cultural arts.

Group: All Abilities

Location: Hanover Park Community Center • NWSRA space

Min/Max: 4/15

Ratio: 1:1 to Independent

Goals: SE, C, I

Prog. #	Dates	Day	Time	Fee
3020	6/10 - 8/5	Т	4:00 - 6:00 pm	\$315.00
Trans. Drop Off: Buffalo Grove Fitness Center NWSRA Office				

Transportation Fee: \$65 one way, \$130 round trip

HEALTH AND WELLNESS

FIT N' FUN Ages: 21 & older

Spend a few hours with friends getting your fitness on while exploring ways to incorporate health and wellness into everyday activities. Bring a healthy snack and labeled water bottle.

Group: All Abilities

Location: Central Community Center • NWSRA space

Min/Max: 4/15

Ratio: 1:1 to Independent

Goals: SE, C, I

Prog. #	Dates	Day	Time	Fee
3040	6/12 - 8/7	TH	4:00 - 6:00 pm	\$315.00
Trans. D	•	Grove F	tness Center Vogelei	Park and Barn

Transportation Fee: \$60 one way, \$120 round trip

SOCIAL

PIN STRIKERS Ages: 21 & older

Make friends and learn to bowl. Proper technique, rules and bowling etiquette will be reviewed each week as the adults engage in this fun sport. Bowl two games each week.

No program: July 4

Group: All Abilities

Location: Bowlero • Mt Prospect

Min/Max: 4/20

Ratio: 1:4 to Independent

Goals: SE, P

Prog. #	Dates	Day	Time	Fee			
3050	6/13 - 8/8	F	4:00 - 6:00 pm	\$280.00			
Trans. Drop Off: Buffalo Grove Fitness Center Vogelei Park and Barn NWSRA Office							

Transportation Fee: \$60 one way, \$120 round trip

long trips

Scan to learn more about the long trip guidelines





SEATTLE WA

Ages: 21 & older

Discover the vibrant heart of the Pacific Northwest in Seattle – a city where urban excitement meets natural wonder! This trip is perfect for travelers seeking a blend of urban adventures, outdoor excitement, unique charm, and plenty of natural beauty! Pack your bags and get ready for all the fun of Seattle, WA! Starting May 7, 2025, you will need a REAL ID compliant Driver's License/ID, or valid passport to board domestic flights and enter Federal Buildings. Real ID's are marked with a star or flag.

Note: Fee includes meals, lodging, attractions and leadership

Group: ID, PV Adults **Ratio:** 1:4 to independent

Min/Max: 8/10 Goals: HW, M, P

Prog. #	Dates	Depart	Arrive	Fee
9021	8/23 - 8/26	8/23 from NWSRA in the morning	8/26 to NWSRA in the evening	\$2,500
9031	8/27 - 8/30	8/27 from NWSRA in the morning	8/30 to NWSRA in the evening	\$2,500

NOTE: Registration is based on a first come, first served basis: A \$50 refundable fee is required at registration. Once trip is filled, a waiting list will be started on a first-come basis. Departure and arrival times may very based on flights.

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Locations:

- Buffalo Grove Fitness Center 601 W Deerfield Parkway, Buffalo Grove
- Hanover Park Community Center 1919 Walnut Ave, Hanover Park
- Hoffman Estates Vogelei House 650 W Higgins Rd, Hoffman Estates
- Mt. Prospect Central Community Center 1000 W Central Rd, Mt. Prospect
- Rolling Meadows Community Center 3705 Pheasant Dr, Rolling Meadows
- Wheeling Community Recreation Center 100 Community Blvd, Wheeling

Presented in collaboration with:





For more information about Clearbrook, visit: www.clearbrook.org For more information about PURSUIT, visit: www.nwsra.org/pursuit

Or contact:

Katrina Wiegand at kwiegand@nwsra.org or (847) 392-2848, ext. 259 Danielle Olson at dolson@nwsra.org or (847) 392-2848, ext. 228

Scan the QR Code to Access the Interest Form



Visit us online at nwsra.org/pursuit



PURSUIT is designed to meet the needs of individuals with disabilities 21 years and older throughout the year by creating recreation and leisure opportunities, improving health and wellness, teaching life skills, self advocacy, and community integration. PURSUIT is licensed by the Illinois Department of Human Services, Division of Developmental Disabilities.

PURSUIT IS STRUCTURED AROUND FOUR CORE ELEMENTS:

Recreation & Leisure

- Developing gross and fine motor skills
- Experiencing cultural arts (dance, drama, arts and music)
- Participating in passive and active sporting activities
- Learning outdoor awareness

Skills & Self Advocacy

- Expanding communication skills
- Promoting human rights and self advocacy
- Enhancing socialization skills
- Developing technology skills

Community Integration

- Participating in local service projects
- Experiencing group outings and activities
- Exploring community resources
- Gaining vocational skills through volunteer experiences

Health & Wellness

- Setting and maintaining fitness goals
- Encouraging healthy eating habits
- Developing a positive body image
- Learning to cook nutritious snacks and meals
- Promoting a balanced lifestyle

Program Time:

9:30 am - 2:30 pm Monday through Friday

Eligibility:

Participants must be at least 21 years old, have a disability, be able to function in a 1:4 ratio and do not need assistance administering medications during program time.

EXTENDED PROGRAMMING

- Rise & Shine Club is available Monday Friday, 8:00 9:30 am through purchase of a punch card
- After day program activities are available Monday -Friday with transportation from PURSUIT to the program





WHAT IS SLSF?

Special Leisure Services Foundation (SLSF), a 501 (c) (3) non-profit foundation, is the fundraising arm of Northwest Special Recreation Association (NWSRA).

MISSION STATEMENT

We exist to support children and adults with disabilities through philanthropy for Northwest Special Recreation Association.

VISION STATEMENT

Maximizing all philanthropic opportunities to build a future that is diverse and inclusive by opening doors through innovative services and community opportunities.

FOUNDATION DOLLARS PROVIDE:

- Transportation
- Programs
- Inclusion
- Scholarships
- Athletics

How to Get Involved?

- Be a Virtual Supporter Like and follow SLSF and NWSRA on all our social media platforms! Share our programs and fundraising events, invite your friends to like, follow, share, and attend!
- **Volunteer** Be an event day volunteer for one of our many fundraising events, join an event committee, or volunteer at an NWSRA program with your business or organization.
- **Sponsor** Sponsor an event or program as an individual or business and receive exposure through web, print, and social media.
- **Donate** Donate your talent to an NWSRA program and expand participants' skills, donate an item or service in-kind, or donate your treasure to making a lasting impact on the lives of individuals with disabilities through a one-time or a recurring monthly donation.

Learn More about SLSF slsf.me





Tee Up For A Great Cause!

Join SLSF for an unforgettable golf experience while making a difference in the lives of individuals with disabilities! Whether you're a seasoned golfer or just love the game, our golf events offer the perfect blend of fun, competition, and community.

Why Participate?

- Enjoy a day on the course with fellow golf enthusiasts
- Compete for exciting prizes and giveaways
- Network and connect with others who share your passion for golf
- Make an Impact Proceeds benefit NWSRA, supporting programs that provide recreation, inclusion, and life-enriching opportunities for individuals with disabilities.



slsf.me/events

Scan the QR code to sign up and explore more events!

Every swing counts—play with purpose and help us make a difference!



Palatine Hills Golf Course

June 5, 2025



June 25, 2025
Partnering with the
Rotary Club of Schaumburg/Hoffman Estates



The Arboretum Club

August 6, 2025

Partnering with the

Rotary Club of Buffalo Grove



Schaumburg Golf Club

August 20, 2025

Partnering with Moretti's
In memory of Kevin T. Kendrigan



Mt. Prospect Golf Club
August 27, 2025



Arlington Lakes Golf Course
September 11, 2025
Partnering with the
Rotary Club of Arlington Heights



April 27 | 11am - 1pm Ribbon Cutting | 11:15am

East Side of Wheeling Community Center

This innovative greenhouse will offer hands-on learning opportunities for individuals with physical and intellectual disabilities. Programs will include gardening, hydroponics, and sustainable practices – in partnership with community volunteers to foster a sense of purpose and community.



Greenhouse Open House is During Wheeling Park District's Earth Day Event:

Take a Nature Tour • Free Giveaways Educational Activities JG's Reptile Roadshow • and more! Visit www.wheelingparkdistrict.com for full list of activities.









VETERANS

In cooperation with NWSRA, the Bartlett, Buffalo Grove, Mt. Prospect, Palatine, Rolling Meadows, Streamwood and Hanover Park Park Districts are offering this unique and free program for military veterans. Veterans who have an illness or have been permanently injured qualify for the program. If you were injured post-service, you may still qualify.

Qualified veterans receive:

- A one-year fitness membership at one of the park districts listed above for themselves and a second for a friend or family member.
- Up to 15 free personal training sessions.
- Free monthly events to interact with fellow veterans and family members.

Healthy Minds Healthy Bodies is a registered trademark of





For more information contact Kate Moran at (847) 392-2848 ext. 274 or kmoran@nwsra.org



LIFECENTER Health & Fitness Club 700 S Bartlett Rd Bartlett



Buffalo Grove Fitness Center 601 Deerfield Parkway Buffalo Grove



Central Community Center 1000 Central Rd Mt. Prospect



RecPlex 420 Dempster St Mt. Prospect



Palatine Community Center 250 E Wood St Palatine



Nelson Sports Complex 3900 Owl Dr Rolling Meadows



Park Place Family Recreation Center 550 S Park Blvd Streamwood



Hanover Park Community Center 1919 Walnut Ave Hanover Park

social clubs



Goals: CI, SE Ages: 14 - 21 yrs.

Transportation pick up/drop off times will be communicated one week prior.

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Transportation pick up/drop off times will be communicated one week prior.



Duan #	Details	Date	Location	F*
Prog # 307	S'mores & Scoreboards Gather around the fire for a summer night to remember! Feel the warmth of the bonfire, roast gooey s'mores, and challenge your friends to classic yard games under the stars. Registration Deadline: June 6	Friday, June 20 6:00-8:00 pm	Park Central Courtyard 3000 Central Rd, Rolling Meadows - In case of inclement weather, we will move the celebration to the Park Central Banquet Hall.	\$18.00 without transportation \$28.00 with transportation Pick Up/Drop Off Locations Hanover Park Community Center Buffalo Grove Fitness Center
308	Scoop, Sprinkle, & Create Indulge in your dream sundae with delicious toppings, then get creative with a DIY craft! Whether you're drizzling chocolate or designing a masterpiece, it's the perfect mix of flavor and fun! Registration Deadline: June 13	Friday, June 27 6:00-8:00 pm	Plum Grove Park 4001 Park Dr, Palatine	\$20.00 without transportation \$30.00 with transportation Pick Up/Drop Off Locations • Hanover Park Community Center • Buffalo Grove Fitness Center
309	Kindness in Action Looking for a way to give back while having a blast? Join us for a hands-on event where you'll rotate through exciting activity stations, each designed to support a great cause! Light snacks and refreshments provided. Registration Deadline: July 4	Friday, July 18 6:00-8:00 pm	Plum Grove Park 4001 Park Dr, Palatine	\$18.00 without transportation \$28.00 with transportation Pick Up/Drop Off Locations • Hanover Park Community Center • Buffalo Grove Fitness Center
310	Friday Night Jams Dance the night away and sing along with friends to the electrifying live music of Oh Yes! Participants may bring their own lawn chairs and/or blankets to sit on. Please bring money for snacks, if desired. Registration Deadline: July 18	Friday, August 1 7:00-9:30 pm	Twin Lakes Recreation Area 1200 E Twin Lakes Dr, Palatine - In case of inclement weather, we will play music trivia and karaoke at the Park Central Teen Center.	\$18.00 without transportation \$28.00 with transportation Pick Up/Drop Off Locations • Hanover Park Community Center • Buffalo Grove Fitness Center

Transportation pick up/drop off times will be communicated one week prior.

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River! Challenge your friends to a round of exciting mini golf through lush, jungle-themed courses complete with waterfalls and exotic wildlife. It's the perfect way to enjoy a little friendly competition and make some memorable moments! One round of mini golf will be provided. Please bring additional money to get Steak & Shake afterwards, if desired.

Registration Deadline: June 13

609

Come enjoy a lively concert in the park featuring great music and a fun, laid-back atmosphere! It's a perfect evening to unwind, enjoy the outdoors, and make lasting memories with friends! Please bring money for concessions, if desired.

In case of inclement weather, we will still get Steak & Shake and play Minute to Win It games at Vogelei House.

- Pick Up/Drop Off Locations • Buffalo Grove Fitness Center
- NWSRA Park Central

Live at Twin Lakes

Registration Deadline: July 3

Friday, July 18

6:30-9:00 pm

Twin Lakes Recreation Area

1200 E Twin Lakes Drive, Palatine

In case of inclement weather, we will do karaoke and watch voice competition shows at Central Community Center.

\$18.00 without transportation \$28.00 with transportation

Pick Up/Drop Off Locations

- Buffalo Grove Fitness Center
- Vogeli House

610 Namaste & Froyo

Join us outdoors for a fun and relaxing night of yoga & frozen yogurt! Start with a gentle yoga session to stretch and unwind, followed by a sweet treat of frozen yogurt with all your favorite toppings. It's the perfect blend of mindfulness, movement, and indulgence – ideal for all skill levels!

Registration Deadline: July 11

Friday, July 25

6:00-8:00 pm

NWSRA Park Central Banquet Hall

3000 W Central Rd, Rolling Meadows

In case of inclement weather, we will move the event indoors.

\$20.00 without transportation \$30.00 with transportation

Pick Up/Drop Off Locations

- Buffalo Grove Fitness Center
- Hanover Park Community Center

Transportation pick up/drop off times will be communicated one week prior.

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Transportation pick up/drop off times will be communicated one week prior.

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Prog #	Details	Date	Location	Fee*
507	Boomer Ballpark Adventures Get ready for a night of fast-paced baseball action as we head to a Schaumburg Boomers game! Whether you're a die-hard fan or new to the sport, this event is sure to be filled with thrilling plays, family fun, and the energy of a live baseball game. Enjoy the sights, sounds, and delicious ballpark snacks as we cheer on the Boomers to victory. Don't miss out on this unforgettable experience at the ballpark! Please bring additional money for food and drink, if desired. Registration Deadline: May 23	Friday, June 13 6:30-9:00 pm	Wintrust Field 1999 S Springinsguth Rd., Schaumburg - In case of inclement weather, we will watch a movie at Hanover Park Community Center – NWSRA Wing.	\$27.00 without transportation \$39.00 with door to door transportation
508	Sundae Cinema Come one, come all! Spend your Friday night watching a movie with friends. Add to the fun with endless scoops of creamy goodness, topped with all your favorite mix-ins. It's the perfect night to treat yourself and create unforgettable moments! Registration Deadline: June 6	Friday, June 20 7:00-9:00 pm	Plum Grove Park 4001 Park Dr, Palatine	\$18.00 without transportation \$30.00 with door-to-door transportation
509	Strike Squad Showdown Join us for an unforgettable evening of strikes, spares, and fun at our bowling night. Whether you're a pro or a first-timer, it's the perfect chance to show off your skills or just enjoy a night out with friends. Grab your bowling shoes, bring your best game face, and let's roll into a night of friendly competition and good vibes! Please bring additional money for food and drink, if desired. Registration Deadline: June 13	Friday, July 27 7:00-9:00 pm	Arlington Lanes 3435 N Kennicott Ave, Arlington Heights, IL	\$22.00 without transportation \$34.00 with door-to-door transportation
510	Medieval Times Step back in time to a world of knights, jousting, and royal feasts! Experience the thrill of Medieval Times, where epic battles and bold knights meet a hearty, delicious feast fit for royalty. Savor a mouthwatering meal while you cheer on your champion! If you have dietary restrictions, contact the Club Coordinator prior to the event. Registration Deadline: July 3	Friday, July 25 6:45-8:45 pm	Medieval Times Dinner & Tournament 2001 N Roselle Rd, Schaumburg, IL	\$92.00 without transportation \$104.00 with door-to-door transportation

Transportation pick up/drop off times will be communicated one week prior.

special events



GOALS LEGEND C Cognitive Skills CI Community Integration

HW Health & Wellness I Independent Functioning

M Motor Skills P Physical Skills SE Social &

Emotional Skills SI Sensory Integration

CHICAGO'S DEEP DISH PIZZA & RIVER CRUISE

Ages: 21 & older

Embark on a scenic river cruise and indulge in the ultimate Chicago experience. Glide along the river waters while taking in breathtaking views, and learning about Chicago architecture. After the tour we will head over to one of Chicago's signature pizza spots, Giordano's and enjoy some delicious deep dish pizza for lunch. Lunch and tickets for cruise included in the price.

Group: Ambulatory Only

Location: River Walk & Dock • Chicago

Min/Max: 5/10 Ratio: 1:4 Goals: C, I, S

Prog. #	Date	Day	Time	Fee
6458	7/27	Su	9:00 am - 4:00 pm	\$100.00

Transportation Included in Fee

Transportation Location	Pick Up	Drop Off
NWSRA Park Central	9:00 am	4:00 pm

BEARS TRAINING CAMP DAY Ages: 14 - 21

Step into Bears territory this summer at the 2025 EGO Outdoor Power Equipment Chicago Bears Training Camp! Watch your favorite Bears players practice at Halas Hall in Lake Forest with photo & autograph opportunities throughout Camp. There will also be games, activities, virtual reality, and appearances by Staley Da Bear, Monster Squad and the Chicago Bears Drumline brought to you by Shell.

Group: All Abilities

Location: Halas Hall • Vernon Hills

Min/Max: 5/10 Ratio: 1:2 Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6530	TBD	Sa	ТВА	\$50.00

Transportation Included in Fee

Transportation Location	Pick Up	Drop Off
NWSRA Park Central	TBA	TBA

CUBS VS. PIRATES Ages: 21 & older

Get ready for a day of fast pitches, high-flying catches, and heart-pounding action! Join fans at Wrigley Field to cheer on the Chicago Cubs as they take on the Pittsburgh Pirates. Tickets are limited so sign up today! Note: This trip involves a considerable amount of walking and you may encounter stairs to get to your seat. Bring extra money for food and souvenirs if desired.

Group: All Abilities

Location: Wrigley Field • Chicago

Min/Max: 5/15 Ratio: 1:4 Goals: Cl, I, S

Prog. #	Date	Day	Game Time	Fee
6220	6/15	Su	1:20 pm	\$135.00

Transportation Included in Fee

NWSRA Park Central 11:00 am 7:00 pm	Transportation Location	Pick Up	Drop Off
	NWSRA Park Central	11:00 am	7:00 pm

MUSICAL AT METROPOLIS Ages: 21 & older

Join us for an unforgettable evening at the Metropolis Theater as we experience Ken Ludwig's heartfelt and witty play, Dear Jack, Dear Louise. Set during World War II, this touching comedy follows the blossoming relationship between two strangers who connect through letters. With its clever dialogue, emotional depth, and charming characters, Dear Jack, Dear Louise is sure to leave you both laughing and reflecting. Don't miss this captivating production—reserve your spot today and be part of this wonderful theater experience!

Group: All Abilities

Location: Metropolis Performing Arts Center • Arlington Heights

Min/Max: 5/15 Ratio: 1:4 Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6521	8/7	Th	7:00 - 10:00 pm	\$70.00

Transportation Fee: \$10

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center	6:30 pm	10:30 pm
Buffalo Grove Fitness Center	6:30 pm	10:30 pm



WHITE SOX VS. GIANTS Ages: 21 & older

Grab your friends, or your colleagues and join us for an action-packed day at the ballpark! Join fans at Guaranteed Rate Field to cheer on the Chicago White Sox as they play the San Francisco Giants. Whether you're a diehard fan or just looking for a fun time, this outing is the perfect chance to experience the excitement. Tickets are limited so sign up today! Note: This trip involves a considerable amount of walking and you may encounter stairs to get to your seat. Bring extra money for food and souvenirs if desired.

Group: All Abilities

Location: Guaranteed Rate Field • Chicago

Min/Max: 5/20 Ratio: 1:4 Goals: CI, I, S

Prog. #	Date	Day	Game Time	Fee
6270	6/29	Su	1:10 pm	\$135.00

Transportation Included in Fee

Transportation Location	Pick Up	Drop Off
NWSRA Park Central	11:00 am	7:00 pm

PARENT'S NIGHT OUT Ages: 3 - 13

Parents, Treat yourself and take the night off to hit up the town as your kids join us for some fun and games! Children should eat dinner before the event. A snack will be provided.

Group: All Abilities & Siblings

Location: Central Community Center • NWSRA Space

Min/Max: 5/15 Ratio: 1:1 Goals: CI, S

Prog. #	Date	Day	Time	Fee
6300	7/11	F	5:30 - 8:30 pm	\$50.00

SENSORY FRIENDLY OUTDOOR MOVIE NIGHT

Join us for a magical evening under the stars at our Sensory-Friendly Outdoor Movie Night, designed to create an inclusive and relaxing experience for all! Whether you're with family, friends, or seeking a peaceful escape, our event offers the perfect environment to enjoy a movie in comfort. With a variety of seating options, including mats and lawn chairs to rent for \$3 (quantities limited first come first serve) and space for wheelchairs. Please indicate if you need wheelchair seating on the registration form. A designated quiet area will be available for anyone needing a calm space to recharge.

Movie: Moana 2 (start time 8:30 pm)

Group: All Ages & Abilities

Location: Fred P Hall Amphitheater Palatine

Notes: Concessions available for purchase, cash only

Prog. #	Date	Day	Time	Fee
6900	5/30	F	7:30 pm	\$5 per person or \$20 per family

BON APPETIT Ages: 21 & older

Indulge in a one-of-a-kind food experience at Bon Appétit, where culinary exploration meets adventure! First stop: Brunch, Second stop: Walk at a local park and third stop: Dessert. Participants will have \$30 food limit, please bring more money if more food is required. Whether you're a foodie, a casual diner, or simply someone who loves discovering new flavors, Bon Appétit promises an unforgettable day of delights.

Group: All Abilities

Location: Park Central • Rolling Meadows

Min/Max: 5/15 Ratio: 1:4 Goals: CI, I, S

Prog. #	Date	Day	Time	Fee	
6820	6/2	М	10:00 am - 3:00 pm	\$80.00	

Transportation Fee: \$10

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center • Hanover Park	9:30 am	3:30 pm
Buffalo Grove Fitness Center • Buffalo Grove	9:00 am	4:00 pm

TOPGOLF & DINNER Ages: 21 & older

Get ready for an unforgettable day of fun, food, and friendly competition! Head to Top Golf, where you can swing for the stars in a relaxed, high-energy setting. Bring some money because after a few rounds, we will sit back and enjoy a delicious dinner.

Group: All Abilities

Location: Top Golf • Schaumburg

Min/Max: 5/100 Ratio: 1:4 Goals: CI, I, S

Prog. #	Date	Day	Time	Fee
6630	8/8	F	6:30 - 8:30 pm	\$70.00

Transportation Fee: \$10

Transportation Location	Pick Up	Drop Off
Hanover Park Community Center • Hanover Park	6:00 pm	9:00 pm
Buffalo Grove Fitness Center • Buffalo Grove	6:00 pm	9:00 pm



Please Note: All special events will accept registrations until 2 weeks prior to each event.



ADA COMPLIANCE

The Northwest Special Recreation Association will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. Programs in our brochure are suggested for certain age groups and disability classifications so that programs can be designed to meet specific needs. However, any individual desiring to participate in a program not suggested for his or her age or disability group, may contact our staff at (847) 392-2848. Every attempt at reasonable accommodation will be made so that the individual may participate in the desired program. If you have any questions about the NWSRA policy regarding ADA, or believe you have been unfairly discriminated against in the provision of programs, services or activities of the Northwest Special Recreation Association, please contact ADA Compliance Officer, Andrea Griffin at (847) 392-2848. A procedure is available for the prompt resolution of your complaint with NWSRA.

ATTENDANCE AT NWSRA PROGRAMS

To ensure the safety of participants, only NWSRA staff, volunteers or registered participants are authorized to attend NWSRA programs. Anyone who does not meet this criteria must request to attend programs in writing. Requests must be submitted to NWSRA via e-mail to the Superintendent of Recreation at rhubsch@nwsra.org no later than one week in advance of the program, and requester must provide e-mail and phone number within the request. Approval will be provided no later than two days prior to the program.

AUDIO BROCHURES

A copy of this brochure is available in alternate form upon request. Please contact the NWSRA office if you would like to receive any portion of the brochure in audio format. Forty-eight hours notice is required.

BROCHURE ACCURACY

Every effort has been made to ensure the accuracy of information contained within this brochure. However, errors can occur and circumstances may require adjustments to fees, schedules, locations or other aspects. NWSRA reserves the right to make such adjustments and apologizes for any inconvenience these errors or adjustments may cause.

EVALUATIONS

How did last month's programming go? We would love to have your feedback. Please click on the link below to complete our online program evaluation. If you would like to receive a hard copy of the evaluation form please call the NWSRA office. Visit **surveymonkey.com/r/7P9QVDY** to take the survey!



Scan the QR Code to take the survey!

NWSRA is committed to making safety an integral part of an enjoyable recreation and leisure experience for all participants. Each participant shall have the opportunity to enjoy NWSRA programs and services, or if desired, programs and services provided by an NWSRA member district. NWSRA and its member districts take great pride in providing recreation and leisure services and opportunities to persons with special needs, and are mutually and or individually committed to compliance with the Americans with Disabilities Act (ADA). The FAIR PLAY AT NWSRA process cannot be considered absolute; but shall serve as a frame of reference for evaluation of specific proposals and recommendations.

FAIR PLAY AT NWSRA is a process which NWSRA uses to make recreation & leisure programs and services safe for all participants, staff & community members. FAIR PLAY AT NWSRA sets out the NWSRA expectations for the conduct of participants with or without disabilities, in recreation & leisure programs, or access to a service provided by NWSRA.

NWSRA participants are expected to abide by the Behavior Code of Conduct at all times. The following Behavior Code of Conduct for all participants has been developed to make NWSRA programs safe, enjoyable and successful for all parties involved. Additional expectations may be developed for particular programs and services as deemed necessary by the NWSRA staff. The Behavior Code of Conduct extends to all parties in attendance of NWSRA programs in any capacity. The Behavior Code of Conduct requires all participants to:

- 1. Show respect to all participants, staff and members of the public
- 2. Refrain from unwanted and/or harmful physical contact
- 3. Refrain from using abusive, threatening or foul language
- 4. Show respect to equipment, supplies and facilities
- 5. Remain within the established program boundaries

ILLNESS

In consideration of other participants and NWSRA staff, and to prevent the spread of contagious illnesses, participants must refrain from attending programs when any of the following conditions exist:

- 1. Fever
- 2. Vomiting within the last 24 hours
- 3 Persistent diarrhea
- 4. Contagious rash or a rash of unknown origin
- 5 Persistent cough and/or cold symptoms
- 6. "Pink eye" (conjunctivitis) or discharge from the eye
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, coxsackie virus or any other virus
- 8. Runny nose with yellow or green discharge
- 9. Lice or mites present
- Fatigue, due to illness, that will hinder participation and enjoyment in the program

Please notify the NWSRA office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor's recommendation or, if not under a doctor's care, when the symptoms have clearly passed.

LATE FEES

A fee of \$1.00 per minute will be charged when parents/guardians/residential staff are late picking up participants.

LOST AND FOUND ITEMS

Occasionally items are found at NWSRA programs. If you are missing any items from the past season, please call (847) 392-2848 to claim them. Lost and found items must be claimed by the end of the program season, or items will be removed.

MANDATED REPORTERS

All NWSRA staff are mandated by the State of Illinois to make a report to the DCFS or OIG hotline if they observe a situation that provides reasonable cause to suspect abuse/neglect. Workers in certain professions, including "recreational program", personnel have this legal mandate. Staff are trained on signs and symptoms of abuse/neglect and procedures for making a report.

MEDICATION

Complete the medication information on the registration form. All medications must be listed regardless if assistance is needed at program. If a participant is in need of assistance to take medication, a Medication Information signature by a parent or guardian allowing NWSRA staff to administer medication must be completed. All medications to be given during NWSRA programs must be in NWSRA envelopes and brought in to the NWSRA office for the entire session prior to the start of the program. All medication forms are included in the registration packet.

MEMBER PARK DISTRICTS - INCLUSION

NWSRA and its member park districts believe that all individuals should be provided with leisure opportunities that allow for performance at their highest level of ability. Although many people achieve this through participation in an NWSRA program, others may have greater success in a park district activity. NWSRA and its member park districts adhere to the following basic principles when providing modifications to allow for successful inclusion of individuals with disabilities in park district activities.

Principles of Inclusion

- 1. Interests and needs of the individual participant will be addressed.
- 2. The concerns of the parents/guardians will be taken into
- 3. The member park district and staff will be given full support by NWSRA.
- 4. Options will be made available to individuals with disabilities.
- 5. The NWSRA Board will determine, as necessary, the provision of resources for inclusion services.

To begin, simply register for the program of choice through the park district or contact NWSRA. Please indicate the disability and any other modifications for the participant on the park district registration form. NWSRA has a formal inclusion process that is followed for each situation. NWSRA inclusion staff will provide guidance, training, equipment, resources and/or staff as necessary to ensure success for the person with a disability.

For more information on the inclusion process, contact the Manager of Inclusion Services, Victoria Gonzalez at 847/392-2848, ext. 237.

PARENT/GUARDIAN/RESIDENTIAL STAFF RESPONSIBILITIES

- When arriving at a program, CHECK-IN with the NWSRA staff. When departing, you must sign out your participant with NWSRA staff.
- Label all items, including clothing. NWSRA cannot be responsible for lost or stolen items.
- Inform teachers and/or transportation departments of the participant's NWSRA programs after school or day program and changes as they arise.
- If a participant may walk or ride a bike home, a written notice, signed by the parent/quardian, must be sent to the NWSRA office prior to the start of the program.
- Notify the program leader in advance, by a written notice if someone new/ unfamiliar to NWSRA staff will be picking up the participant after a program.
- Contact the NWSRA office if participant will be absent from a program.
- Parents/guardians/residential staff should adhere to scheduled pick up and drop off times.
- Parents/guardians/residential staff must provide supervision until the scheduled start time as stated in the brochure.
- Parents/guardians/residential staff must ensure participants have bowel and bladder control or arrive at the program wearing Depends or similar items under clothing. If this is a concern, please contact the NWSRA office.
- Parents/guardians/residential staff must ensure overall appearance of participant(s) should be clean (hair, face, teeth, hands, nails, etc.), wearing dry clothing, and wearing appropriate attire for program participation and weather conditions.

PROGRAM LEADERS/STAFF

NWSRA attempts to secure and place leaders/staff at each program as soon as adequate registration is received. To find out the program leader's name, or other information, please call one week before the program starts. Requests from parents for their children to have specific staff cannot be accommodated. NWSRA reserves the right to assign staff to specific programs. NWSRA strives for staff consistency, however, staff changes and reassignments may take place after programs have begun due to specific needs at other programs. Careful consideration is utilized when determining staff assignments and developing groupings.

PROGRAM SIZE

All programs have a minimum or maximum size. Programs may be canceled or postponed if adequate registration is not met. When participants of various ability and age levels are enrolled in the same program, NWSRA will group them according to age and ability.

PROGRAM INFORMATION

All trips and overnight information and registration will be in the program brochure. Flyers will no longer be sent out. To ensure you aren't missing out on any programs make sure to see the At a Glance section for programs and special events. Some programs serve a wide age group but are only listed under one group section.

NWSRA's programs and special events listed in the brochure are suggested for certain age groups and disability classifications to help ease your selection for programs. NWSRA will determine appropriate program placement if necessary.

NWSRA is committed to promoting healthy lifestyles. "HW" will be listed under program writeup "GOALS" to highlight programs that emphasize physical activity, healthy lifestyles or nutrition.



SEVERE WEATHER GUIDELINES

In the event of severe weather, NWSRA may be forced to cancel programs. To receive live updates on NWSRA office closings and program cancellations due to inclement weather, please like us on Facebook, follow us on Twitter or visit the "What's New" section of the NWSRA website. NWSRA also posts office closings on the Emergency Closing Center (ECC) website, and ECC information is posted on several local cable channels The following guidelines will be used to determine cancellation:

Severe Hot Weather

Outdoor programs: 90° or higher and a heat index of 105° to 129° is cautionary range. A heat index of 130° or higher will indicate cancellation.

Programs with transportation:

- Routes for participants that are non-ambulatory -Heat index of 105° or higher.
- Routes for participants that are ambulatory Heat index of 130° or higher.

Severe Weather - all programs (including indoor):

• Weather situations when a tornado warning is in effect for Lake, Cook and/or DuPage counties.

Parents/guardians will be notified if a program is canceled due to severe weather.

TRANSPORTATION

For your convenience transportation fees are now separated out from programs. If you are taking 2 way transportation, pay the full cost. If you are taking 1 way transportation pay half the cost. If you aren't taking transportation than disregard the transportation fee.

- Transportation times for all programs may change based on enrollment and/or last minute facility changes.
- All individuals transported while in a wheelchair must have a seat belt system that secures them into their wheelchair and brakes that are in good working order. If a participant is in need of a seat belt system, NWSRA will provide one for program use only.
- Individuals using tri-wheelers must transfer into a bus seat as they cannot be safely secured while in the tri-wheeler.
- Door-to-door transportation is provided for in-district residents only. Program leaders will contact participants to arrange pick up times.
- NWSRA will make every effort to keep routes at a reasonable length of time. Door-to-door routes vary in length based on pickup locations. Late drop off/pick up of participants at programs creates a ripple effect. Please be considerate of others by being on time. Drrs will only wait 5 minutes at all pick up locations.
- NWSRA reserves the right to determine whether a participant can be transported safely.
- Individuals may be assisted by NWSRA staff to and from the door of their residence if there are no other individuals in the bus or a bus aide is available. NWSRA staff are not permitted to enter the individuals' residence at any time. NWSRA staff may not lift, carry or transport an individuals' assistive transportation device to any vehicle other than a NWSRA vehicle.
- When picking up or dropping off participant for transportation by NWSRA, park your car in a designated parking spot and drop off or pick up participant at the bus. Staff will not release participants until parent/guardian, residential staff or caregiver comes to the bus and signs participant out of program.
- The Child Passenger Protection Act of the Illinois Vehicle Code requires that children under the age of 8 be transported in an approved Child Safety Seat in certain vehicles. Parent/ Guardian will be notified if there is a need to provide a Child Safety Seat for your child. Children under 8 years of age will not be transported if the parent/guardian does not provide a Child Safety Seat. For further information, please contact the NWSRA Office at 847/392-2848.

WAYS TO REGISTER

COMPLETING THE REGISTRATION FORM

Registration forms and fees may be mailed or turned into the NWSRA office by the registration deadline in order to allow participation on the first day of the program. Staff cannot receive registration forms or fees at NWSRA activities. If an e-mail address is provided, a confirmation of registration will be made via e-mail. If programs are canceled or postponed, individuals registered will be notified by phone. No priority is given to mail-in, drop-off or e-mail registration. Processing begins when registration begins.

FAMILY REGISTRATION

For all NWSRA programs open to sibling/family's fill out the **NEW** participant registration form.

REGISTRATION INFORMATION

Registration begins at 8:30 am on Monday, April 14 and closes at 5pm on Friday, May 2. Completed registration forms and PIFs will be processed in the order they were received. Registration forms received prior to registration opening will be postmarked at 5pm on the second day of registration. Incomplete registration forms may incur a delay in processing.

Those registrations received after the program has reached it's maximum number OR the registration deadline (which ever may occur first) will be put on a waiting list. Parents/guardians/residential staff will be notified if a participant is on a waiting list via email.

NON-RESIDENT FEE

Non-residents will be assessed a 50% fee increase above the charges listed. NWSRA park district residents will have priority in registering for all NWSRA programs. Non-residents will be allowed to register as additional space, tickets, seating and leadership allow. Final decisions will be made after the registration deadline when applicable. Door-to-door transportation is not available for non-residents.

FINANCIAL ASSISTANCE POLICY

For information and application forms, please contact the NWSRA office at (847) 392-2848. Please keep the application deadline for programs in mind. The application process may take several weeks. Please inquire early. Financial assistance is available to member park district residents. Individuals applying for financial assistance must register by mail, fax or drop off only. Financial Assistance applications must be completed for each season. A \$10 deposit is required with each application form.



REGISTRATION INFORMATION

NWSRA PAYMENT PROCEDURES

NWSRA registrants have two options for making payments toward NWSRA programs. Registrants may either pay in full at the time of registration or have payments automatically withdrawn over the course of three payment dates via a credit card **We accept AmEx, Discover, MasterCard, Visa.** If a registrant chooses the option to have payments automatically withdrawn for a registration, they must request the automatic withdrawal by checking the box on the registration form, and the NWSRA office will contact you. The registrant must provide a valid credit card.

AUTOMATIC WITHDRAWAL

If a registrant chooses the option to have payments automatically withdrawn for a registration, they must request the automatic withdrawal by checking the box on the registration form. The grid below outlines the dates in which payments will be automatically withdrawn for each registration season. The registrant must provide a valid credit card It is understood that amounts will be withdrawn according to the dates designated below:

SEASON	1/3 of amount withdrawn	Second 1/3 of amount withdrawn	Third 1/3 of amount withdrawn
Winter/Spring	Reg. Deadline February 1 Ma		March 1
Day Camp	Reg. Deadline	May 1	June 1
Summer	Reg. Deadline	June 1	July 1
Fall	Reg. Deadline	October 1	November 1

REFUNDS AND CREDITS

Credits may be issued in the following circumstances:

- When NWSRA cancels a program
- When NWSRA determines a program is inappropriate for the participant
- In cases of prolonged illness (doctor's note required) or relocation
- If you are dissatisfied after attending the first program session, a credit can be requested before the second session. A transfer to another available program may also be requested
- If NWSRA cancels transportation for a program

Weather Cancellations

NWSRA uses discretion when deciding to cancel programs due to inclement weather. Credits are not issued for weather-related cancellations. If a session is canceled due to weather, NWSRA will attempt to reschedule one session per program when possible.

Credit Processing & Terms

- All credits incur a \$10.00 service fee
- NWSRA reserves the right to withhold from credit for costs already incurred (tickets, rentals, deposits, etc.)
- Credits are processed monthly
- If your account has an existing balance, any new credits will first be applied to that balance
- Credits remain valid for three years; after this period, unclaimed credits will be transferred to the State of Illinois in accordance with the State of Illinois Unclaimed Property Statute

Situations Not Eligible for Credits

- Missed classes due to personal reasons or scheduling conflicts
- Participants receiving financial assistance
- Additional weather cancellations beyond the first canceled session

Refunds

Refunds (as opposed to credits) are evaluated on a case-by-case basis. To request a refund, please contact our front office at (847) 392-2848. For questions about credits and or refunds please contact our front office.

FILLABLE REGISTRATION FORMS

NWSRA is proud to offer fillable registration forms! Registrants will now have the ability to download the fillable form, complete the information on their electronic device and save the information for future registrations. To register using the fillable registration form, please follow these instructions:



Scan here to register online

- Visit www.nwsra.org/brochure
- Click the "Registration Forms" link in the Registration Forms area
- Download and save the file to your computer/electronic device
- Complete the fillable form
- Be sure to indicate Season and Year at the top right corner of the **Registration Form**
- Send us the form!

E-mail the form to office@nwsra.org

Mail or Drop Off to: 3000 W. Central Rd, Suite 205 Rolling Meadows, IL 60008 Fax to: (847) 392-2870

The full registration form packet must be filled out for each season.

Save the completed form on your computer/electronic device for next season's registration!



In addition, the registration forms have been updated in order to reduce duplication of information and ensure a more seamless registration process. We look forward to continuing to make improvements to the registration process to ensure a userfriendly experience!

RESIDENTIAL FACILITY REGISTRATION

Residential Facilities will complete the new fillable registration forms each season for each client to be registered. In order to save time and ensure accuracy of forms submitted, Residential Facilities are encouraged to save the registration forms for each client, so that the registration forms may be resubmitted for programs in the following season.

If you have any questions regarding the new registration forms, please contact the main office at (847) 392-2848 or e-mail office@nwsra.org

REGISTRATION FORM



Please check this box if there is any information within the registration form that has changed from the previous season.

Registration forms received prior to registration opening will be postmarked at 5pm on the second day of registration.

PARTICIPANT'S I Participant's Name ((Legal First)		(Preferred)
					Zip
					ve photo/video permission, please initial here
					☐ Adult
					tact
					attending)
•	•		•		Phone Number
					affing Ratio: 1:1 1:2 1:4 Independent
					Id recieve a daily Note Home Yes No
Ethnicity American Indi Middle Easter Gender Pronoun	n or North Africar		Pacific Islander		nnic or Latino
PARENT/GUARD	ΙΔΝ ΙΝΕΟΡΜΔΤΙ	ON·			
			(Legal First)		Guardian Type
					Zip
Primary Contact Me	thod 🔲 Home 🗀	Cell Work E-mail			
Home Number		Cell Number		🔲 Ор	t in to recieve text communication about programming
Parent/Guardian 2	(Legal Last)		(Legal First) _		Guardian Type
					Zip
-		Cell Work E-mail			
Home Number		Cell Number			t in to recieve text communication about programming
EMERGENC)	CONTACT	NAME OF AUTHORIZED	INDIVIDUALS FO	R PICKUP	PHONE NUMBER(S)
☐ YES	□ NO				
☐ YES	□ NO				
SAFETY INFORMATION NWSRA is committed that all part programs listed above your participant are phase read this form of and releasing all claim with said programs (in resources of each part any recreational program and injuries of defects, inadequate or exist. In this regard, it participants in these presult of said participants occur to me or my part I have read and fully unshall substitute for and	on o conducting its recreticipants follow safety must recognize that hysically fit and/or skill and/or skill and/or skill and/or skill and/or skill and/or skill and be awards for injuries, damag cluding transportation icipant. Despite carefiam or activity. Unders due to inclement wear defective equipment, must be recognized thrograms, and I volunt tion. I do hereby fully ticipant and arising or the same legal and the same legal	rules and instructions that are designer there is an inherent risk of injury whe led for the activities contemplated by FION OF RISK that in signing up and participating les or loss which you or your participation and proper preparation, instruction that a simple of the proper preparation instruction that it is impossible for NWSRA to gut that it is im	fe manner and holds the great to protect the pare of choosing to participally this agreement. In the above identified pant might sustain as onal programs and action, medical advice, conditioning, carelor or conditioning, carelor officiating, and all othe participal to the program of the protection	programs, you wil a result of particip vities are intended ditioning and equip pending on the par essness, horseplay er circumstances in your less or loss, re ims for injuries, da programs.	pants in high regard. NWSRA continually strives to reduce risks owever, participants and parents/guardians registering for the programs. You are solely responsible for determining if you or a solely responsible for determining if you or be sufficient to be sufficient to challenge and engage the physical, mental and emotional of the challenge and engage the physical, mental and emotional of the challenge and engage the physical, mental and emotional of the challenge and engage the physical, mental and emotional of the challenge and engage the physical, mental and emotional of the challenge and engage the physical, mental and emotional of the challenge and engage the physical, mental and emotional intervents of the challenge and engage the physical, mental and emotional intervents of the challenge and engage in the challenge in the challenge and engage in the challenge in th
Signature	ult participant if own	Date_	Pri	nt Name	

If form has been prepared by someone other than participant. Participant must be made aware.
For enhanced safety measures, photos will be required for all participants in programming. If you have not submitted a photo previously, please email it to office@nwsra.org

PROGRAM NAME	MEDS TAKEN AT		PROGRAM FEE	TOTAL FEE
One Way, To One Way, From Proposed Door-to-Door	CK UP LOCATION	DROP OFF LOCATION	TRANS FEE	
PROGRAM NAME			PROGRAM FEE	TOTAL FEE
One Way, To One Way, From Round Trip Door-to-Door	CK UP LOCATION	DROP OFF LOCATION	TRANS FEE	
PROGRAM NAME		_	PROGRAM FEE	TOTAL FEE
One Way, To One Way, From Pl Round Trip Door-to-Door	CK UP LOCATION	DROP OFF LOCATION	TRANS FEE	
PROGRAM NAME		_	PROGRAM FEE	TOTAL FEE
One Way, To One Way, From Plo	CK UP LOCATION	DROP OFF LOCATION	TRANS FEE	
PROGRAM NAME			PROGRAM FEE	TOTAL FEE
One Way, To One Way, From Round Trip Door-to-Door	CK UP LOCATION	DROP OFF LOCATION	TRANS FEE	
PROGRAM NAME		_	PROGRAM FEE	TOTAL FEE
One Way, To One Way, From Place Round Trip Door-to-Door	CK UP LOCATION	DROP OFF LOCATION	TRANS FEE	
PROGRAM NAME	_ I	_	PROGRAM FEE	TOTAL FEE
One Way, To One Way, From Round Trip Door-to-Door	CK UP LOCATION	DROP OFF LOCATION	TRANS FEE	
	For p trans this	orograms which do not advertise sportation, it may still be accomm door-to-door transportation reque	odated. Please fill out est form and someone	
	PROGRAM(S)?			
	E/BEHAVIOR?			
Expiration Date ease check here ment plan, please check here y in full or the payment plan box on the registr	/ CVC# ation form, I authorize N		Program Credits: SLSF Donation: Total Enclosed: Make check	payable to NWSR
	PROGRAM NAME One Way, To Door-to-Door Door-	One Way, To Round Trip One Way, From Door-to-Door PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES DOOR-TO-DOOR PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES PICK UP LOCATION PROGRAM NAME MEDS TAKEN AT YES TAKEN AT YES TAKEN AT YES TO THE PROGRAM STAKEN AT YES TO THE PROGRAM S	PROGRAM NAME	One Way, To Door-to-Door PICK UP LOCATION DROP OFF LOCATION TRANS FEE PROGRAM NAME MEDS TAKEN AT PROGRAM PROGRAM FEE TO DO NO WAY, TO ONE WAY, FROM PICK UP LOCATION DROP OFF LOCATION TRANS FEE PROGRAM NAME MEDS TAKEN AT PROGRAM PROGRAM FEE PROGRAM NAME MEDS TAKEN AT PROGRAM PROGRAM FEE TO DO NO WAY, TO ONE WAY, FROM PROGRAM FEE PROGRAM NAME MEDS TAKEN AT PROGRAM PROGRAM FEE TO DO NO WAY, TO ONE WAY, FROM PROGRAM FEE PROGRAM NAME MEDS TAKEN AT PROGRAM PROGRAM FEE TO DO NO WAY, TO ONE WAY, FROM PROGRAM FEE PROGRAM NAME MEDS TAKEN AT PROGRAM PROGRAM FEE TO DO NO WAY, TO ONE WAY, FROM PROGRAM FEE TO DO NO WAY, TO ONE WAY, FROM PROGRAM FEE TO DO NO WAY, TO NO WAY, FROM PROGRAM FEE TO DO NO WAY, TO

Send us your Registration Form!

MAIL IN: NWSRA 3000 W. Central Road, Suite 205 Rolling Meadows, IL 60008 FAX: 847/392-2870 Call office to ensure receipt of fax. E-MAIL: E-mail fillable registration form to office@nwsra.org

PARTICIPANT INFORMATION FORM

This form must be completed annually



Please check this box if there is any information within the participant information form that has changed from the previous season.

Participant's Name (Legal La	ast)	(Legal F	First)	(Preferred) _	
What are the participant's p	referred activities? How do	oes participant react?			
What activities does the par	rticipant not prefer? How d	loes participant react? Effer	ctive staff support/response	e?	
What are the effective trans	sition techniques (timers, co	countdowns)?			
SENSORY: What kind of	f sensory experiences	does participant seek (or avoid?		
Sound	Touch	Visual	Taste	Smell	Movement
Seeks Avoids	Seeks Avoids	Seeks Avoids	Seeks Avoids	Seeks Avoids	Seeks Avoids
COMMUNICATION:					
Is English the participant's pri	imary language?	es No (If no, list pri	mary language):		
How does participant commu	unicate? (verbal, sign langua	age, eye movement, picture	e boards, iPad, etc.)		
		27			
Is participant capable of givin	ig staff instruction or snould	d staff rely on guardian com-	ments only? (i.e.:tood reque	ests, personal care information	on)
ASSISTIVE DEVICES:					
☐ Wheelchair ☐ Braces [ds Augmentative Commu	
	_			No Wheelchair Type M	∕lanual Power Amigo
Does participant wear brace	s (AFOS, SMOS, etc?) Descr	ribe how/when to put on and	d take off.		
Can participant walk with as:	sistance or walk independe	ently? Please describe:			
Companies, Emily	Jistanes of Land	Sittly 1 1 Sacre 201			
PARTICIPANT TRANSFE Please check the amount of		when conducting a transfer	r·		
☐ Independent. No	assistance necessary.	· ·	•		
	rvision. May be potential fo		* *		
		ce. Participant can bear weigl nce. Participant cannot bear			
Transfer with two		ICE. Farticipant cumot sea.	weight.		
	ed for transfer. (list below)				
Specific instructions regarding	ng transfers and how much	time participant should be	out of the wheelchair?		

PARTICIPANT INFORMATION

		Participant Initials
TRANSPORTATION NEEDS:		
	☐ Seatbelt Lock ☐ Oxygen Tank Securement ☐	
Participant drives self Participant is able Additional	to wait independently for transportation Wheelchai	ir straps needed: Foot straps Chest straps Seatbelt
SWIMMING: (check all that apply) Participant can swim independently	☐ Particinant needs as:	sistance while in the pool (list out specific assistance below)
—	=	
Does not go into pool. (list reason below)		staffing in the pool (list reason and describe below) assistance from a wheelchair, please describe the process:
Describe specific assistance needed in the poor of	illu/or locker room and it poor entry requires admisses	dssistance nom a wheelchair, please acsorbe the process.
TOILETING & CHANGING: (check all that a Needs verbal prompts for toileting/changing Uses toilet, but wears pull up/diapers Additional/Specific Information: List out frequency	g (explain below) Uses pull up/diaper only (sp Needs physical assistance (
EATING: (check all that apply) Eats independently, no assistance needed Uses feeding tube (specific training required Additional/Specific Information:	☐ Needs physical assistance for feeding (list spot)☐ Needs specific consistency for food and drink	
BEHAVIOR: Wander or leaves the group	Has specific triggers, list below	Physically/Verbally aggressive (circle one or both)
Will ask for assistance when needed	Has Behavior Plan	Will take others belongings or food (circle one or both)
Easily distracted/difficulty focusing	Runs away/flight risk	Exhibits self-injurious behaviors, list below
Recognizes danger	Unable to communicate needs	Typical Personality
Anxiety when separated from family	Has specific fears/concerns, list below	Other
Annety Wileit Separates,	Tius specific rears, contesting, and a series	

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MEDICATION: In case of an emergency NWSRA is requesting a list of medications participant currently is taking or is prescribed. If medication needs to be administered at program by an NWSRA staff, please sign the waiver and release statement below. Please list all medications below or attach a Physicians order sheet.

Doctor's First Name	Doctor's Last Name			Phone Num	ıber	
NAME OF MEDICATION		NAM	E OF MEDICATION			
DESCRIPTION		DESC	CRIPTION			
DOSAGE		DOS	AGE			
TIME		TIME				
TAKE AT PROGRAM	☐ YES ☐ NO	TAKE	AT PROGRAM		YES [NO
REFRIGERATION NEEDED	☐ YES ☐ NO	REFR	IGERATION NEEDED		YES [NO
DISPENSING INSTRUCTIONS		DISPE	NSING INSTRUCTIONS			
SIDE EFFECTS		SIDE	FFECTS			
NAME OF MEDICATION		NAM	E OF MEDICATION			
DESCRIPTION		DESC	CRIPTION			
DOSAGE		DOS	AGE			
TIME		TIME				
TAKE AT PROGRAM	☐ YES ☐ NO	TAKE	AT PROGRAM		YES [NO
REFRIGERATION NEEDED	☐ YES ☐ NO	REFR	IGERATION NEEDED		YES [NO
DISPENSING INSTRUCTIONS		DISPE	NSING INSTRUCTIONS			
SIDE EFFECTS		SIDE	FFECTS			
NAME OF MEDICATION		NAM	E OF MEDICATION		,	
DESCRIPTION		DESC	RIPTION			
DOSAGE		DOS	AGE			
TIME		TIME				
TAKE AT PROGRAM	☐ YES ☐ NO	TAKE	AT PROGRAM		YES [NO
REFRIGERATION NEEDED	☐ YES ☐ NO	REFR	IGERATION NEEDED		YES [NO
DISPENSING INSTRUCTIONS		DISPE	NSING INSTRUCTIONS			
SIDE EFFECTS		SIDE	FFECTS			
ALLERO	GY/INTOLERANCE (SPECIFY)			REACTIO		1
ALLEN	STATISTICAL OF COLUMN			KLAOTIO		
	give permission for to provide the treatment. I will notify NWSR/ it.					
administered above treatment to participant) as a result of failing and volunteers. I do hereby fully	CLAIMS e full risk of any and all injuries, damages, or to the participant. I further agree to waive an to or negligent administered above treatme release and forever discharge NWSRA from out of, connected with, or in any way associa	d relinq nt to the any an	uish all claims I or the pa e participant against NWS d all claims for injuries, d	rticipant may l SRA, including amages, or lo	have (or m it officials, ss the part	ay accrue to the , employees, agents
SIGNATURE OF PARENT/GUARDI	AN:		DATE:			
PRINTED NAME OF PARENT/GUA	ARDIAN:					

Participant Initials	
nperature Sensitivity Shunts	
Suctioning (Deep) Catheter	
DATE OF LAST SEIZURE	
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nagnet use:	_
POSSIBLE SIDE EFFECTS	٦
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	_
	_
LOW # RANGE	
REACTION	٦

Participant's Full Name:					Date Completed:			
Person Completing the Form:				Relationship to Participant:				
MEDICAL CONDITIONS/NEEDS:								
Seizures Diabetes Epi-Pen		tioning (oral/no	ocal) 🗖 Octootomy	haa 🗖	Inhalar Overgan Tan	anaratura Cancitivity Chunta		
Additional	_	tioning (orai/no	asai) Osteotolliy	Day	ininalei 🔛 Oxygen 🔛 ien	iperature sensitivity snums		
MEDICAL CONDITIONS/NEED			E EOD NWSDA	STAFE)	Tracheostomy 🗍	Suctioning (Deen) Catheter		
*If you checked any of the "too SEIZURE INFORMATION:								
SEIZURE TYPE	DATE DIAGNOSED	LENGTH	FREQUENCY		DESCRIPTION	DATE OF LAST SEIZURE		
1. What might trigger a seizure in t	ne participant?							
2. Are there any warnings and or b	ehavior changes befo	re the seizu	re occurs? Yes_	No	If yes, please explain:			
3. Has there been any recent chan	ge in the participant's	seizure patt	terns? Yes No	If ye	s, please explain:			
4. How does the participant react a	fter a seizure is over?	?						
5. How do other illnesses affect the	e participant's seizure	s?						
6. What first aid/support should be	given after a seizure	has occurre	d?					
7. Please describe what constitutes	an emergency for th	e participant	:?					
8. Has the participant ever been he	spitalized for continu	ous seizures	s? Yes No	_ If yes, p	olease explain:			
9. What is the best way for us to co	mmunicate with you	about the pa	ırticipant's seizur	e(s)				
10. Is there any other information t	nat NWSRA should kn	ow?						
11. Does your child have a Vagal No	erve Stimulator Yes _	No If	yes, please desc	ribe instr	uctions for appropriate r	magnet use:		
12. What medication(s) is the partic								
12. What mealeadon(s) is the partie	ipant prescribed for s	eizures?						
	1		EDECLIENC	V AND TI	ME OE DAY TAKEN	DOSSIRI E SIDE EEEECTS		
MEDICATION	DATE STARTED	DOSAGE	FREQUENC	Y AND TI	ME OF DAY TAKEN	POSSIBLE SIDE EFFECTS		
	1		FREQUENC	Y AND TI	ME OF DAY TAKEN	POSSIBLE SIDE EFFECTS		
	1		FREQUENC	Y AND TI	ME OF DAY TAKEN	POSSIBLE SIDE EFFECTS		
MEDICATION	1		FREQUENC	Y AND TI	ME OF DAY TAKEN	POSSIBLE SIDE EFFECTS		
MEDICATION DIABETES INFORMATION:	DATE STARTED	DOSAGE						
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa	DATE STARTED rticipants diabetes ca	DOSAGE re? (testing kit	t, calorie book, etc.)					
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa	DATE STARTED rticipants diabetes ca	DOSAGE re? (testing kit	t, calorie book, etc.)					
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa	DATE STARTED rticipants diabetes ca	DOSAGE re? (testing kit	t, calorie book, etc.)					
MEDICATION	DATE STARTED rticipants diabetes ca esting blood sugar: _	DOSAGE re? (testing kit	t, calorie book, etc.)					
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of	DATE STARTED rticipants diabetes ca esting blood sugar: _	DOSAGE re? (testing kit	t, calorie book, etc.)					
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of the state of t	pate started rticipants diabetes ca esting blood sugar:	re? (testing kit	t, calorie book, etc.)		HIGH # RANGE			
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of the state of t	pate started rticipants diabetes ca esting blood sugar:	re? (testing kit	t, calorie book, etc.)		HIGH # RANGE			
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of the state of t	pate started rticipants diabetes ca esting blood sugar: BA: ck carbohydrates?	re? (testing kit	t, calorie book, etc.)		HIGH # RANGE			
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of the state of t	pate started rticipants diabetes ca esting blood sugar: BA: ck carbohydrates?	re? (testing kit	t, calorie book, etc.)		HIGH # RANGE	LOW # RANGE		
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of the state of t	pate started rticipants diabetes ca esting blood sugar: BA: ck carbohydrates?	re? (testing kit	t, calorie book, etc.)		HIGH # RANGE			
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of the state of t	pate started rticipants diabetes ca esting blood sugar: BA: ck carbohydrates? SE	re? (testing kil	t, calorie book, etc.) ANGE		HIGH # RANGE	LOW # RANGE		
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of the state of t	pate started rticipants diabetes ca esting blood sugar: BA: ck carbohydrates? SE	re? (testing kil	t, calorie book, etc.) ANGE		HIGH # RANGE	LOW # RANGE		
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of the state of t	DATE STARTED rticipants diabetes ca esting blood sugar: BAS ck carbohydrates? SE e of Epi-Pen:	re? (testing kit	t, calorie book, etc.) ANGE ALLERGY		HIGH # RANGE	LOW # RANGE REACTION		
MEDICATION DIABETES INFORMATION: 1. What supplies are needed for pa 2. List step by step instructions of the supplies are needed for pa 2. List step by step instructions of the supplies are needed for pa 2. List step by step instructions of the supplies are needed for pa 2. List step by step instructions of the supplies are needed for pa 3. How does participant count/che EPI-PEN INFORMATION: 1. Where will Epi-Pen be kept? ALLERGY 2. List step by step protocol for use are needed for pa 3. Check all that apply: Participal	DATE STARTED rticipants diabetes ca esting blood sugar: BAS ck carbohydrates? SE e of Epi-Pen:	re? (testing kit	t, calorie book, etc.) ANGE ALLERGY	Part	HIGH # RANGE	LOW # RANGE REACTION rgy / will NOT avoid foods/items allergic to		

Participant Initials	MEDICAL INI CHMATION
G-TUBE/J-TUBE INFORMATION:	
1. Type of j/g-tube: Pump Bag Syringe If pump, wha	at rate should it run at?
3. What time(s) for feeding?	
4. Quantity of food: Quantity of water durin	g feeding/throughout the day:
5. Is the food and water mixed or does the water follow as a flush?	
6. Does participant receive feeding sitting up or laying down?	Duration of feeding?
7. Does participant need to stay upright after feeding? If yes, how lo	ng?
In the event that the tube comes out, NWSRA considers replace	tube?ement of any tubes as too invasive for NWSRA staff. If a nurse is available they can ble/unable to replace the tubes, the parent/guardian will be called. If the parent/
SUCTION INFORMATION:	
	pe of device used?
5. Specific instructions for suctioning procedure.	
perform deep suctioning with materials provided. If a nurse is called. If the parent/guardian is unreachable EMS will be called. OSTOSTOMY BAG:	s unavailable/unable to perform the deep suctioning, the parent/guardian will be
INHALER INFORMATION:	
OXYGEN INFORMATION:	
TEMPERATURE SENSITIVITY INFORMATION:	
SHUNT INFORMATION:	
ADDITIONAL MEDICAL CONDITIONS AND NEEDS THAT N	IWSRA SHOULD BE AWARE OF:
MEDICAL CONDITION/NEED	ADDITIONAL INFORMATION
treatment. WAIVER AND RELEASE OF ALL CLAIMS I voluntarily agree to assume the full risk of any and all injuries, damage above treatment to the participant. I further agree to waive and relinque failing to or negligent administered above treatment to the participant.	to receive the above treatment(s) as directed by the physician. I will provide ng of any changes in the treatment. I understand that an NWSRA staff will assist in the above as, or loss, regardless of severity, that the participant may sustain as a result of administered uish all claims I or the participant may have (or may accrue to the participant) as a result of against NWSRA, including it officials, employees, agents and volunteers. I do hereby fully uries, damages, or loss the participant may have or which may accrue, and arising out of, stration of medication.
SIGNATURE OF PARENT/GUARDIAN:	DATE:
PRINTED NAME OF PARENT/GUARDIAN:	



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Save the Date! Tuesday, July 29, 2025

Donations are gladly accepted- we accept cash and credit! Proceeds from the car wash will help support programming!

Arlington Lakes Golf Club

1211 S New Wilke Rd Arlington Heights (847) 577-3030

Arlington Ridge Center

660 N Ridge Ave Arlington Heights (847) 577-3025

Bartlett Community Center

700 S Bartlett Rd Bartlett (630) 540-4800

Bowlero - Mt. Prospect

824 E Rand Rd Mt. Prospect (847) 392-0550

Buffalo Grove Fitness Center

601 W Deerfield Parkway Buffalo Grove (847) 305-8360

Camelot Park

1005 E Suffield Dr Arlington Heights (847) 577-3010

Central Community Center

1000 W Central Rd Mt. Prospect (847) 305-8571

Clearbrook - Getz

746 S Vermont St Palatine (847) 991-4100

Falcon Park Recreation Center

2195 N Hicks Rd Palatine (847) 202-5111

Gary Morava Recreation Center

110 W Camp McDonald Rd Prospect Heights (847) 394-2848

Hanover Park Community Center

1919 Walnut Ave Hanover Park 847/392-2864

Jack Claes Pavillion

1000 Wellington Ave Elk Grove Village (847) 437-9494

Kirk School

520 S Plum Grove Rd Palatine (847) 485-2600

Little City Countryside

2360 Palmer Dr Schaumburg (847) 438-8799

Nickol Knoll Golf Course

3800 N Kennicott Ave Arlington Heights (847) 590-6050

Old Orchard Country Club

700 W Rand Rd Mt. Prospect (847) 255-2025

Palatine Community/Gymnastics Center

250 E Wood St Palatine (847) 991-0333

Palatine Family Aquatic Center

262 E Palatine Rd Palatine (847) 991-1700

Park Place Family Recreation Center

550 S. Park Blvd Streamwood (630) 372-7275

Park Central/Teen Center

3000 Central Rd Rolling Meadows (847) 818-3220

Plum Grove Park

4001 Park Dr Palatine (847) 818-3200

RecPlex

420 Dempster St Mt. Prospect (847) 640-1000

Rep's Place

3200 Kirchoff Rd Rolling Meadows (224) 347-2916

Rolling Meadows Community Center

3705 Pheasant Dr Rolling Meadows (847) 632-0049

Rose Park

530 S Williams Palatine (847) 259-6890

Sandburg Junior High School

2600 Martin Ln Rolling Meadows (847) 963-7800

Schaumburg Community RecreationCenter

505 N Springinsguth Rd Schaumburg (847) 490-7015

The Zone

550 E Business Center Dr Mt. Prospect (847) 255-1400

Thrown Elements

60 N Evergreen Ave Arlington Heights (847) 818-1313

Walk On

26665 W Cuba Rd Barrington (847) 381-4231

Wheeling Community Recreation Center

100 Community Blvd Wheeling (847) 465-3333

NWSRA Vogelei House/Barn

650 W Higgins Rd Hoffman Estates (847) 885-7500

NWSRA PROGRAMMING SPACES

Rolling Meadows Community Center

3705 Pheasant Dr Rolling Meadows (847) 632-0049

Hanover Park Community Center

1919 Walnut Ave Hanover Park (847) 392-2864

Central Community Center

1000 W Central Rd Mt. Prospect (847) 305-8571

Wheeling Community Recreation Center

100 Community Blvd Wheeling (847) 465-3333

Buffalo Grove Fitness Center

601 W Deerfield Parkway Buffalo Grove (847) 305-8360

Vogelei House/Barn

650 W Higgins Rd Hoffman Estates (847) 885-7500



NORTHWEST SPECIAL RECREATION ASSOCIATION 3000 W. Central Rd, Suite 205 • Rolling Meadows, IL 60008 847/392-2848 • 392-2855 TTY • 392-2870 FAX • www.nwsra.org

REGISTRATION BEGINS
APRIL 14, 2025
REGISTRATION DEADLINE
MAY 2, 2025
PROGRAMS DATES

