



# February Schedule

Monday, February 1	Tuesday, February 2	Wednesday, February 3	Thursday, February 4	Friday, February 5
9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands
9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>
<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>
10:25am – 10:55am: A: Goals B: Volunteer Project— Resilient Road	10:25am – 10:55am: A: String Art B: I-Spy	10:25am – 10:55am: A: The Game of Things B: Test Your Palate	10:25am – 10:55am: A: Next Chapter Book Club B: Pen Pal Letters (PURSUIT)	10:25am – 10:55am: A: Goals B: Volunteer Project— Resilient Road
<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>
11:05am – 11:35am: A: Twister Fitness B: Self Advocacy Group	11:05am – 11:35am: A: Dance Class Around The World B: Origami	11:05am – 11:35am: A: Educational TV Show B: Tangrams	11:05am – 11:35am: A: Winter Weather Safety B: Volunteer Project – Dog Toys	11:05am – 11:35am: A: Twister Fitness B: Self Advocacy Group
<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>
11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>
12:45pm – 1:05pm: A: Table Tennis B: Board Games	12:45pm – 1:05pm: A: Sweating To The Oldies B: Aromatherapy	12:45pm – 1:05pm: A: Disney Zumba B: Scrabble Letter Key Chains	12:45pm – 1:05pm: A: Music Bingo B: Yarn Stitching	12:45pm – 1:05pm: A: Table Tennis B: Board Games
<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>
1:15pm – 2:15pm: A: The Price is Right ( <b>Zoom*</b> ) B: Card Games	1:15pm – 2:15pm: A: Dr. Seuss Trivia ( <b>Zoom*</b> ) B: Puzzles	1:15pm – 2:15pm: A: Magic School Bus Trip ( <b>Zoom*</b> ) B: Valentine's Day Craft	1:15pm – 2:15pm: A: Chair One Fitness ( <b>Zoom*</b> ) B: Activity Workbook	1:15pm – 2:15pm: A: To Tell The Truth ( <b>Zoom*</b> ) B: Card Games
2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home

**\*All Sites and PURSUIT Virtual Pass Holders Zoom in**

Monday, February 8	Tuesday, February 9	Wednesday, February 10	Thursday, February 11	Friday, February 12
9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands
9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>
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10:25am – 10:55am: A: String Art B: I-Spy	10:25am – 10:55am: A: Goals B: Volunteer Project— Resilient Road	10:25am – 10:55am: A: Next Chapter Book Club B: Pen Pal Letters (PURSUIT)	10:25am – 10:55am: A: String Art B: I-Spy	10:25am – 10:55am: A: The Game of Things B: Test Your Palate
<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>
11:05am – 11:35am: A: Dance Class Around The World B: Origami	11:05am – 11:35am: A: Twister Fitness B: Self Advocacy Group	11:05am – 11:35am: A: Winter Weather Safety B: Turtle Care	11:05am – 11:35am: A: Dance Class Around The World B: Origami	11:05am – 11:35am: A: Educational TV Show B: Tangrams
<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>
11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>
12:45pm – 1:05pm: A: Sweating To The Oldies B: Aromatherapy	12:45pm – 1:05pm: A: Table Tennis B: Board Games	12:45pm – 1:05pm: A: Music Bingo B: Yarn Stitching	12:45pm – 1:05pm: A: Sweating To The Oldies B: Aromatherapy	12:45pm – 1:05pm: A: Disney Zumba B: Scrabble Letter Key Chains
<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>
1:15pm – 2:15pm: A: General Knowledge Trivia ( <b>Zoom*</b> ) B: Puzzles	1:15pm – 2:15pm: A: Block Buster Movie Game ( <b>Zoom*</b> ) B: Card Games	1:15pm – 2:15pm: A: Cardio Drumming ( <b>Zoom*</b> ) B: Activity Workbook	1:15pm – 2:15pm: A: Football Trivia ( <b>Zoom*</b> ) B: Puzzles	1:15pm – 2:15pm: A: Valentine's Day Dance ( <b>Zoom*</b> ) B: Valentine's Day Craft
2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home

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Monday, February 15 NO PROGRAM	Tuesday, February 16	Wednesday, February 17	Thursday, February 18	Friday, February 19
	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands
	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>
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	10:25am – 10:55am: A: The Game of Things B: Test Your Palate	10:25am – 10:55am: A: String Art B: I-Spy	10:25am – 10:55am: A: Goals B: Volunteer Project— Resilient Road	10:25am – 10:55am: A: Next Chapter Book Club B: Pen Pal Letters (PURSUIT)
	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>
	11:05am – 11:35am: A: Educational TV Show B: Tangrams	11:05am – 11:35am: A: Dance Class Around The World B: Origami	11:05am – 11:35am: A: Twister Fitness B: Self Advocacy Group	11:05am – 11:35am: A: Winter Weather Safety B: Volunteer Project – Dog Toys
	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>
	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>
	12:45pm – 1:05pm: A: Disney Zumba B: Scrabble Letter Key Chains	12:45pm – 1:05pm: A: Sweating To The Oldies B: Aromatherapy	12:45pm – 1:05pm: A: Table Tennis B: Board Games	12:45pm – 1:05pm: A: Music Bingo B: Yarn Stitching
	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>
	1:15pm – 2:15pm: A: Raupp Museum ( <b>Zoom*</b> ) B: Valentine's Day Craft	1:15pm – 2:15pm: A: TV Show Trivia ( <b>Zoom*</b> ) B: Puzzles	1:15pm – 2:15pm: A: Bingo ( <b>Zoom*</b> ) B: Card Games	1:15pm – 2:15pm: A: Safety For Yourself ( <b>Zoom*</b> ) B: Activity Workbook
	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home

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Monday, February 22	Tuesday, February 23	Wednesday, February 24	Thursday, February 25	Friday, February 26
9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands	9:20am – 9:45am: Check In, Morning Chores, Bathroom Break, Wash Hands
9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>	9:45am – 10:15am: Morning Routine <b>Zoom*</b>
<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:15am – 10:25am: Clean Area, Bathroom Break, Wash Hands</i>
10:25am – 10:55am: A: The Game of Things B: Test Your Palate	10:25am – 10:55am: A: Next Chapter Book Club B: Pen Pal Letters (PURSUIT)	10:25am – 10:55am: A: Goals B: Volunteer Project— Resilient Road	10:25am – 10:55am: A: The Game of Things B: Test Your Palate	10:25am – 10:55am: A: String Art B: I-Spy
<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>	<i>10:55am – 11:05am: Clean Area, Bathroom Break, Wash Hands</i>
11:05am – 11:35am: A: Educational TV Show B: Tangrams	11:05am – 11:35am: A: Winter Weather Safety B: Volunteer Project – Dog Toys	11:05am – 11:35am: A: Twister Fitness B: Self Advocacy Group	11:05am – 11:35am: A: Educational TV Show B: Tangrams	11:05am – 11:35am: A: Dance Class Around The World B: Origami
<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>	<i>11:35am – 11:45am: Clean Area, Bathroom Break, Wash Hands</i>
11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>	11:45am – 12:45pm: Lunch, Bathroom Break, Clean Area Wash Hands <b>Zoom* (12:00pm – 12:30pm)</b> <i>Bathroom Closed for Cleaning (12:00pm-12:30pm)</i>
12:45pm – 1:05pm: A: Disney Zumba B: Scrabble Letter Key Chains	12:45pm – 1:05pm: A: Music Bingo B: Yarn Stitching	12:45pm – 1:05pm: A: Table Tennis B: Board Games	12:45pm – 1:05pm: A: Disney Zumba B: Scrabble Letter Key Chains	12:45pm – 1:05pm: A: Sweating To The Oldies B: Aromatherapy
<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>	<i>1:05-1:15pm: Clean Area, Bathroom Break, Wash Hands</i>
1:15pm – 2:15pm: A: SOUL Harbour Ranch Tour ( <b>Zoom*</b> ) B: Valentine's Day Craft	1:15pm – 2:15pm: A: TV Show Fitness ( <b>Zoom*</b> ) B: Activity Workbook	1:15pm – 2:15pm: A: Dessert Wars ( <b>Zoom*</b> ) B: Card Games	1:15pm – 2:15pm: A: Factory Tours ( <b>Zoom*</b> ) B: Valentine's Day Craft	1:15pm – 2:15pm: A: Art Trivia ( <b>Zoom*</b> ) B: Puzzles
2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home	2:15pm – 2:30pm: Clean Area, Bathroom Break, Wash Hands, Notes Home

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## **Practice Hand Washing / Wearing a Mask**

Use the NWSRA Activity Center to access our “When We Return” series presentation.

<https://www.nwsra.org/activity>

### **Activity Workbooks**

Print out a variety of worksheets you enjoy and complete them at your leisure.

[Click Here for Connect the Dots](#)

[Click Here for Coloring Pages](#)

[Click Here for More Coloring Pages](#)

[Click Here for Puzzles and Word searches](#)

[Click Here to Find the Difference](#)

[Click Here for Mazes](#)

[Click Here for PURSUIT Activity Books 1-12](#)

### **Aromatherapy**

If you do not have a diffuser or essential oils, spend some time learning about the scents and variety of combinations.

[Click Here for Aromatherapy](#)

### **Board Games**

Choose your favorite board game to play at home!

### **Card Games**

Grab a deck of cards and play your favorite game!

[Click Here for Game Ideas and Rules](#)

### **Dance Around the World**

Use the internet to research different types of dances. Using YouTube, choose a few videos to learn a new genre! Pause along the way to allow yourself time to learn the new moves.

[Click Here for Types of Dances and Videos](#)

## **Disney Zumba**

Before you begin, make sure to stretch your muscles. You should do this activity in an open space and have a water bottle nearby.

[Click Here for Disney Zumba](#)

## **Educational TV Show**

You must have the ability to access Disney+. If you do not have this subscription service, choose any show of your choice and complete the worksheet.

[Click Here for TV Show Guide & Worksheet](#)

## **Goals**

Goals at PURSUIT are client directed. Use this time to work on goals and new skills. Ideas include: fitness activities, money management (budgeting, coupons / sale ads, reading a receipt), communication and social skills, problem solving skills, life skills (household tasks, telling time).

## **I Spy**

I spy with my little eye...

Can you find all of the objects?

[Click Here for Snoopy I Spy](#)

## **Music BINGO**

Enjoy traditional bingo with a twist!

[Click Here for Directions and BINGO Cards](#)

## **Next Chapter Book Club**

Each PURSUIT site is reading a book chosen by the members of that club. Spend some time reading a book you have at home, take a trip to the library, read the newspaper, etc.!

## **Origami**

Origami is the art of folding paper and often associated with the Japanese culture. You will need a few sheets of paper.

[Click Here for Basic Origami](#)

## **Pen Pal Letters**

Spend this time writing a letter to an old friend or a PURSUIT Staff. Use the templates provided or create your own letter.

[Click Here for Examples and Mailing Information](#)

## **Puzzles**

Choose a puzzle to work on at home. If it is a larger puzzle, plan to work on it all month long! If you do not have access to a puzzle, use a puzzle worksheet from the Activity Workbook section.

## **Scrabble Letter Keychains**

Supplies Needed: hot glue gun, scrabble letters, string, keychain loop, ribbon, burlap, stickers, unfinished wood hanging signs, markers

[Click Here for Three Keychain Crafts](#)

## **Self Advocacy Club**

Self-advocacy is the ability to speak-up for yourself and the things that are important to you. Self-advocacy means you are able to ask for what you need and want.

[Click Here for Videos and Worksheets](#)

## **Sweating to the Oldies**

Supplies Needed (if desired): chair, weights

[Click Here for Fitness](#)

## **Table Tennis**

Supplies Needed: ping-pong balls, paddles, table, net (if desired)

[Click Here to Learn How to Play](#)

## **Tangrams**

A tangram is a dissection puzzle consisting of flat polygons that are put together to form shapes. First, color the printable tangram pieces and cut them out. Then, choose a puzzle and try to get all of the pieces to fit inside the shape!

<https://www.woojr.com/printable-tangrams-animal-puzzles/>

## **Test Your Palate**

Prior to this activity, wash your hands and sanitize the space you will be using. Choose a snack that has a variety of “flavors.” Place your snack on a plate and try one at a time. Be sure to cleanse your palate with a drink of water in between each sample. Get creative!

Food ideas: cheese, applesauce, apples, donuts, drinks (tea, lemonade, punch, milk, etc.)

PURSUIT will be sampling Jelly Beans!

[Click Here for Jelly Bean Taste Test Worksheet](#)

[Click Here to Learn About Jelly Bean Flavors](#)

## **The Game of Things**

If you do not have access to this card game, use the online resource. This can also be used as a conversation starter. How many things can you name that....

[Click Here to Play Online](#)

## **Turtle Care**

Our turtles have been busy swimming and basking in the light! Crush lives at Rolling Meadows, Donnie lives at Mount Prospect, Leonardo lives at Hanover Park, Raphaela lives at Wheeling and Bert & Ernie live at Buffalo Grove!

[Click Here for Basic Turtle Information](#)

[Click Here to Learn How to Clean](#)

## **Twister Fitness**

Supplies Needed: Twister Mat, Fitness Outline

At PURSUIT, we use “Blindfolded Twister” to feel the textile shapes while also using colors. Lay out your twister mat in an open area. Spin the wheel to reveal your corresponding exercise. You can also spread out different colored objects if a Twister mat is not available.

[Click Here for Twister Fitness](#)



## **Valentine's Day Crafts**

*Supplies are needed for each individual craft.*

[Click Here for Oatmeal Cinnamon Soap](#)

[Click Here for Paper Clip Love Birds](#)

[Click here for DIY Wreath](#)

## **Volunteer Project – Dog Toys**

Supplies Needed: Polypropylene Rope, Scissors, Lighter

Use the link below to create your dog toy of choice. You can drop it off at your local animal shelter or set up a time to drop it off with your PURSUIT Coordinator to be included in the group donation.

<http://www.sewhistorically.com/5-diy-floating-rope-dog-toys/>

## **Volunteer Project – Resilient Road**

This non-profit has a mission of providing comforting gifts, meals and supplies that directly benefit cancer patients and caregivers as they undergo treatment at Rush University Medical Center in Chicago, IL.

Supplies Needed: templates, scissors, coloring utensils

Cut out the template and be creative! They should be about  $\frac{1}{4}$  the size of a sheet of paper so they fit in a small gift bag. You can also create your own note.

[Click Here for Templates](#)

## **Winter Weather Safety**

Supplies Needed: worksheets, writing utensil, scissors, glue

Complete the activity pages in the packet or watch the videos included. After you watch the videos, write five things that you learned from the lesson.

[Click Here for Winter Weather Safety](#)

## **Yarn Stitching**

Supplies Needed: yarn, plastic needles, plastic stitching templates, scissors

Choose a template of your choice and a yard color. Thread the yarn through the template using the needle.

[Click Here to Learn How to Get Started](#)