

TRAINING OPTIONS

Northwest Special Recreation Association is dedicated to ensuring the success of individuals with disabilities through recreation. As with typically developing individuals, many life skills that are learned through leisure programs can also be applied to many other aspects of life. There are a variety of trainings NWSRA can provide to employees or community members that will show the importance of inclusion and how best to ensure the inclusion process is successful for everyone. The following are brief descriptions of each training. Each training is typically an hour long; however we will tailor the training to the time allotted.

If you are interested in scheduling a training, please fill out the form on the reverse side and submit it to the Manager of Inclusion Services. Thank you for your interest and we look forward to hearing from you soon.

General Inclusion:

What is Inclusion and why is it important? How does the ADA impact your program? What does inclusion look like? What are the benefits of inclusion? Who makes up the inclusion team? Inclusion Resources? How does your program measure up? This training will help you to further understand the inclusion process, how to facilitate it in your programs and look at how you can make minor adjustments to your program to be more inclusive.

Active Inclusion:

The inclusion process is not just allowing a child with a disability to register and be present at a program: but how to include them in various activities. It is the responsibility of all employees at programs to actively include all children. This training specifically addresses various reasons why a child may not be participating in specific programming situations and helps staff brainstorm ways to respond to various situations including curious children. This training will be adapted to your specific program needs.

Adapting Games for Every Ability Level:

This training will give staff the tools to acknowledge when the group or individuals within the group need an activity to be adapted to ensure success. Focus will be on barriers faced when making adaptations and ways to keep the original concept of the activity while everyone participates.

Site Specific Training:

The inclusion process requires effective communication for everyone involved. This training will review the inclusion process and the importance of each role in this process: parents, staff, as well as the individual being included. This will be an interactive training, so come prepared with your site-specific questions.

Behavior Management:

Have you or your program leaders ever felt unprepared to deal with an individual with behavioral challenges? If this child happened to have a diagnosis of a Behavior Disorder, did the attitude of the program leader change? This training will explore the need for consistent expectations and behavior management among all children.

Ability Awareness / Specific Disability:

This training will be a general overview of specific disabilities you may see in your programs. Staff will participate in hands on activities mimicking challenges individuals with disabilities may face. Focus will be on capabilities and adaptations for individuals with disabilities.

Empathy:

What is empathy? This training aims teach how to understand what other people are experiencing from within their frame of reference. Learn how to put yourself in someone else's shoes.

Medical:

Learn how to provide basic accommodations for individuals with medial needs. This training could cover Epi Pens, Seizures, G-Tubes, Diabetes and other personal care needs.

Understanding the ADA / Reasonable Modification:

This training will focus on the Americans with Disabilities Act and exploring the different types of accommodations / modifications that your programs may provide.

REQUEST FOR STAFF TRAINING

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| Today's Date: | |
| Contact Name: | |
| Contact Phone Number: | |
| Training Location: | |
| Training Date: | |
| Preferred Time: | |
| Who will be in the audience? | |
| Number of attendees: | |

Check the box of the training topic preferred. See reverse side for specific training descriptions.

General Inclusion

Active Inclusion (please list specific topic desired) _____

Adapting Games for Every Ability Level

Site Specific Training

Behavior Management

Ability Awareness / Specific Disability

Empathy

Medical

Understanding the ADA / Reasonable Modification